CITY'S MOST VIOLENT NEIGHBOURHOODS, PG 3

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Study backs midwife home births

HEALTH A study suggests that deliveries of infants in planned home births in the presence of a registered midwife are as safe as those done in hospitals. The study looked at nearly 2,900 home births attended by midwives in B.C., and more than 4,700 planned hospital births also in the presence of midwives.

The study, led by Dr. Patricia Janssen from the University of British Columbia, then compared these births to more than 5,300 births attended by physicians in hospital.

Researchers found women who had planned a home birth had a lower risk of complications like hemorrhage, compared to those who delivered in hospitals. THE CANADIAN PRESS

Business pg 18

June output lower than expected

Local pg 4

Pan Am group has a ball

ShareYourViews
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Losing numbers

Lottery Corp. ripped apart

A sweeping review has been ordered to root out any spending abuses at Ontario government agencies following revelations of "unacceptable" expenses at the province's troubled lottery and gaming corporation.

Finance Minister Dwight Duncan announced the review yesterday after cleaning house at the Ontario Lottery and Gaming Corp., which has been mired in controversy for years.

The management team put in place to clean up the OLG is gone, including its six-member board of directors and its CEO, Kelly McDougald, Duncan said.

The agency's board resigned and was replaced temporarily by senior bureaucrats, who fired McDougald as their first order of business, he said.

McDougald, who was hired in 2007 to fix the agency, was "dismissed with cause" and will not receive severance, Duncan added.

Bohodar Rubashewsky, an assistant deputy minister at the Ministry of Energy and Infrastructure, has taken on the position.

The auditor general has also been brought in to determine whether any rules were broken at the OLG, which saw expensive dinners, gym and golf memberships and even a $30 car wash expensed to the agency.

Duncan, who took responsibility for the agency in June, said he was disappointed with the expenses, which are "a symptom of a much larger problem."

"I don't like this," Duncan said. "I don't think taxpayers like this. The challenge for us is to ensure that we put an end to it in a responsible fashion, and that's what we're doing today."

Premier Dalton McGuinty will unveil a broader set of accountability measures today, including details of the review of Ontario's agencies, boards and commissions. THE CANADIAN PRESS

MICHAEL STUPARYK/TORSTAR NEWS SERVICE

Provincial Finance Minister Dwight Duncan announces yesterday that the Ontario Lottery and Gaming Corp. will be reviewed by the government following allegations of spending irregularities. The OLG board of directors also resigned yesterday.

Rolling Stone investigation gathers no moss

Forty years after the body of Rolling Stones guitarist Brian Jones was found floating in his swimming pool, British police said yesterday they are reviewing new evidence about his death turned over by an investigative journalist.

Though Jones' 1969 drowning was ruled an accident linked to a drug and alcohol binge, friends and fans have long insisted the rock star was murdered, and reports have swirled of a death bed confession by a building contractor.

Sussex police in southeast England said they will examine new documents received from a journalist relating to Jones' death. They have not yet decided whether to officially reopen the case.

The Mail on Sunday reported that journalist Scott Jones — who is not related to the musician — has handed over 600 documents. THE ASSOCIATED PRESS

Brian Jones

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Police hunt for family member in stabbing
A man in his early 20s is in serious condition after he was stabbed in his home in the Humber Heights area. Police are on the hunt for a suspect, who they believe is a family member of the victim, said Sgt. Jack Kelly. He is described as black, 45 years old, and was last seen wearing a green-hooded shirt. TORSTAR NEWS SERVICE

Local

Toronto news producer remembered

A Toronto-area woman killed in a hit-and-run accident in Fredericton was remembered yesterday as a talented news producer whose cheerful spirit branched out beyond the newsroom. Dianne Trottier, left, was travelling in her motorized wheelchair when she was struck at one of the busiest intersections Saturday night. Trottier was a line-up producer with CBC Newsworld and had been in Fredericton for less than a week to help with the launch of a new suppertime news program. THE CANADIAN PRESS

METRO INTERNATIONAL NEWSPAPER OF THE YEAR
2009 Festival of Media Awards

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Tomorrow's Metro

Comment
Paul Sullivan brings his take on modern Canadian life in his column The West View

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WHAT'S ONLINE TODAY

Video Michael Ignatieff rattles the election sabre again, telling Tories they are on "life support" at **metronews.ca/canada**

Blogs The Fix author Declan Hill joins It's Called Football to discuss match-fixing in MLS and around the world.

Lotteries

Ontario Pick 3: 3 4 1; **Ontario Pick 4:** 1 3 2 7
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These results are not official.

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Toronto's worst hoods

Sherbourne and Dundas intersection leads the way in crime

A body is sprawled across the middle of the road, but no one stops.

And why would they? This is George Street, home to Seaton House — the city's largest homeless shelter — a booming drug trade and a scuzzy strip club/hotel, and the most violent quarter of the city.

More than North York's Jane and Finch intersection or the west end's Keele and Eglinton neighbourhood, the downtown Dundas and Sherbourne area ranks first in virtually every category of violent crime, based on sheer volume and crime per square kilometre, according to documents obtained by the Toronto Star.

In street robberies, assault-related offences and what police call "violent calls for service" (which encompasses shootings, stabbings, a person with a knife or gun, and sex attacks), the six downtown blocks south of Allan Gardens top every list.

By volume, Dundas and Sherbourne ranks fourth behind Jane and Finch, Keele and Eglinton, and Albion and Finch. But on a per-square kilometre basis, Dundas and Sherbourne is No. 1.

The downtown east side houses three of the city's largest shelters. On any given day, as many as 1,000 homeless people will descend on the region.

Last summer, 51 Division's Dundas and Sherbourne was selected to receive additional support from the Toronto Anti-Violence Intervention Strategy (TAVIS) during the peak crime months of May to September.

This year, TAVIS officers have not returned due to funding.

TORSTAR NEWS SERVICE

ANDREW WALLACE/TORSTAR NEWS SERVICE

The corner of Sherbourne and Dundas has been ranked as one of Toronto's most dangerous intersections. The area ranks first in virtually every category of violent crime in Toronto.

Toronto's 4 worst intersections

- Dundas and Sherbourne
- Jane and Finch
- Keele and Eglinton
- Albion and Finch

JIM WILKES/TORSTAR NEWS SERVICE

Norma Lombardo looks at a photograph of her daughter Stephanie, who died at 10 days old in 1980.

An 'angel' found amid the rubble

T.O. Twisters

HOMES Norma Lombardo clutched to her chest a weathered frame plucked from the rubble of her tornado-ravaged home in Vaughan.

"This is my little guardian angel," she said, fighting back tears.

The faded photograph, paired with a small picture of the Virgin Mary, is of her daughter Stephanie, who died in 1980 when she was just 10 days old. It's one of her most valued possessions.

"I've been looking for days and days," she said yesterday, standing on a Houston Road sidewalk.

Lombardo's home was one of more than 600 damaged in Vaughan when a twister roared through. Mayor Linda Jackson said yesterday that 38 homes still remain uninhabitable and a handful will have to be demolished.

TORSTAR NEWS SERVICE

News in brief

BIKE THEFTS The man accused of orchestrating the theft of hundreds of bicycles says he opposes a Crown move to sell them pending the outcome of the case against him. Under the Civil Remedies Act, the ministry is applying to sell Igor Kenk's bike repair shop and 2,292 allegedly stolen bicycles seized by police after a July 2008 sting. Kenk faces more than 60 theft charges.

TORSTAR NEWS SERVICE

Crash claims life of Oakville man

ACCIDENT A 33-year-old Oakville man has died in hospital after a vehicle collision last Thursday on the QEW in Burlington.

The Ontario Provincial Police say that Ian Minielli, from Oakville, died of his injuries at hospital from a vehicle collision last Thursday shortly after midnight on the QEW at Walker's Line.

2 The five occupants from the Alero were transported to hospital. Two remain in hospital with very serious injuries, police say.

Police say the man was driving a Pontiac Vibe southbound on Walker's Line and entered the ramp to the eastbound QEW when the car crossed over into the eastbound lanes striking an Oldsmobile Alero.

The five occupants from the Alero were transported to hospital, with one in critical condition and the other four with serious injuries.

Police are still investigating.

TORSTAR NEWS SERVICE

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the Bay

Propane company faces more charges over explosion site clean up

Sunrise Propane Energy Group and its directors are facing seven charges under the Environmental Protection Act more than a year after a destructive propane blast in northwest Toronto. The charges cite the company's failure to comply with a provincial order to clean up the site. TORSTAR NEWS SERVICE

Hand balancing masters

Three times a day during the CNE, acrobats Vincent Dube, 29, and Sebastien Tardif, 32, go out into the crowd to do back-flips and handstands. In the climax of their act, Tardif, holding Dube's hand, balances upside down.

1. How long have you been doing this?

Dube: We've been together full-time since 2005, but we met in 1997, when we were performing in the same circus troupe. I started with juggling, then acrobatics.

Tardif: I did gymnastics before I became an acrobat. Then I got into the circus, and it was kind of like another family.

2. What's the most difficult part of your act?

Tardif: Hand-balancing. It's difficult when it's hot outside. If we sweat a lot, it can be dangerous — sometimes you feel (your grip) slipping. We use lots of powder.

3. Do you ever get hurt?

Tardif: In January, I broke a bone in my leg. I was doing the trapeze and I landed on a net with my leg twisted. You also have to be careful with the ankle if you don't land properly.

> **"We don't do this all the time, because we want to be able to say it's still our passion to do it ... we try to spend some time at home."**
> Vincent Dube, acrobat

Dube: Sometimes you can also get an injury just from doing the repetition (of the same movement).

4. How do you stand the sun?

Tardif: We take more water. We use towels and more powder for our hands.

5. Do you do this full-time?

Dube: We don't do this all the time, because we want to be able to say it's still our passion to do it. We could do this all year long, all the time, but we try to spend some time at home with the family and our friends. Now my girlfriend and I are expecting a baby. TORSTAR NEWS SERVICE

STEVE RUSSELL/TORSTAR NEWS SERVICE

Acrobats "Les Vitaminés" Vincent Dube, bottom and Sebastien Tardif from Quebec City entertain at the CNE.

$2M fine for lottery reselling scheme

A Toronto man who pleaded guilty to sending out millions of deceptive direct mail promotions has been fined $2 million — double the money he made from his activities.

David Stucky, 57, pleaded guilty to offences under the Competition Act.

The Competition Bureau says Stucky ran a lottery ticket reselling scheme under the name Canadian Lottery Buyers Association.

He has been placed on probation for 18 months and also received a suspended sentence for his involvement in a second deceptive scheme, a sweepstakes look-alike offer marketed under the name Canadian Equity Funding.

The lottery promotion, gave consumers the misleading impression they could win tens of millions of dollars. But over 1½ years, consumers won an average of 75 cents.

Stucky mailed out approximately 3.1 million copies of the lottery promotion and received approximately $1 million in revenue, the competition bureau said in a release. THE CANADIAN PRESS

Sweepstakes

- The sweepstakes look-alike offer gave recipients the false impression that they were to receive a cash prize of about $5,000 or another valuable prize on payment of a modest processing fee. But almost all the purchasers ended up winning an inexpensive piece of costume jewellery.

News in brief

BUST A Toronto man has been detained in New York after being caught allegedly concealing 353 pounds of marijuana, which was co-mingled with fire wood being shipped from Toronto to Wooster, Mass. Gurmit Singh, 40, from North York was arrested yesterday. He will remain in CBP custody until an arraignment hearing. TORSTAR NEWS SERVICE

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Oasis Brisas Santa Lucia + taxes & fees $205
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom in Santa Lucia. Departs Sep 11/nol/ts.

Varadero 4-Star **$405**
Mercure Playa de Oro + taxes & fees $210
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Cancun 4-Star **$415**
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Ford Drive one.

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Officer cleared by SIU

The province's Special Investigations Unit has cleared a Toronto police officer of allegations that he used excessive force when processing two boys involved in a scuffle that saw a Yorkdale Shopping Mall security guard shot in the chest earlier this year. TORSTAR NEWS SERVICE

Big Dig turns into big fun

Uxbridge makes the best of road construction project

The unpaved road is littered with heavy machines, dust is swirling past storefronts and a mountain of sand blocks the view of the downtown district.

So why is everyone smiling in the midst of summer reconstruction chaos?

This is upbeat Uxbridge, where, as posters in store windows declare, "living in a construction zone can be fun."

Take those 45 tonnes of sand, for example. The mountain quickly became a molehill last week as families dug for prizes from merchants — everything from coupons for a free oil change or dental checkup to candy and toothbrushes.

SunnySide

It's all part of the town's sunny attitude toward the "Big Dig," a four-month project by Durham Region to rebuild roads, sewers and sidewalks along 2½ blocks of Brock Street W.

"We were determined to make the best of all this construction," says Bev Leslie, chair of the Business Improvement Area. "We said, 'Let's grab this and run with it, turn it into a positive thing.'"

Cyndi Fagan's three youngsters waste no time digging into the largest sand pile they've ever seen.

"I love this. Events like this make it easier to handle the road closure," says the Brampton transplant. "Uxbridge has much more of a community feel than anywhere I've lived."

Leslie even created a mascot from construction materials that she named Sammy Sewer.

The construction workers, who take time to explain to pedestrians what they're doing, are "just a great group of guys. It doesn't matter what we do, they want to be part of it," says Leslie.

Facing a tight deadline of Nov. 1, Ronald Robinson, of contractor Ron Robinson Ltd., says they're now two or three weeks ahead of schedule because businesses agreed to have the road closed for two blocks at the same time.

"You don't get that (co-operation) very often. It's usually more the negative."

TORSTAR NEWS SERVICE

CAROLA VYHNAK/TORSTAR NEWS SERVICE

Sean Fagan, 2, shows off his shovel skills in a big mountain of sand created by construction in Uxbridge. The town has turned a four-month project to rebuild roads, sewers and sidewalks, called "Big Dig", into a positive by getting the community involved.

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Crown blames cops for delayed trial

APPEAL More than a year after being blamed for excessive trial delays that led to the collapse of corruption charges against six Toronto drug squad officers, the Crown is pointing its finger back at police.

Although the case spent four years and three weeks in the justice system, the officers and their lawyers engineered 23 months of that delay to give themselves time to prepare for the first stage of the court process — the preliminary hearing followed by the trial, the Ontario Court of Appeal was told yesterday.

They got what they wanted, Crown counsel Kenneth Campbell argued before a three-judge panel as two of the officers, retired Staff Sgt. John Schertzer and Det. Const. Steve Correia, watched from the back of the courtroom.

Together with four other members of the Central Field Command Drug Squad, they were accused five years ago of assaulting and robbing suspects, conducting illegal searches and falsifying their police reports to avoid any hint of wrongdoing.

The case, described as Canada's biggest police corruption scandal, fell apart 19 months ago when Justice Ian Nordheimer of the Superior Court of Justice stayed all charges, saying the years it had taken to move the case through the courts had violated the officers' right to a trial within a reasonable time.

The trial delays were caused by the Crown's failure to disclose evidence to the defence, the judge found. TORSTAR NEWS SERVICE

Investigation

- A Toronto Star-CBC investigation, meanwhile, has found that in 1997, seven years before charges were laid, police in Montreal had raised concerns with senior Toronto officers about two members of the drug squad who had travelled to Quebec as part of an investigation.

Student who allegedly faked own abduction arrested again

THEFT A University of Toronto student accused of faking his own abduction was arrested for the third time in less than a month.

This time, Furqan Muhammad-Haroon, 22, is being accused of stealing computer equipment from a second previous employer.

Toronto police said while working for a software company on Front Street W. and University Avenue between November 2007 and April 2008, Muhammad-Haroon apparently took a number of laptops and monitors.

He was rearrested yesterday morning and charged with two counts of breaking and entering.

Those charges are in addition to allegations he was recently fired from his summer job with IBM for stealing. He is facing charges of theft under $5,000 in connection with that case. TORSTAR NEWS SERVICE

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Polish man being sent home after disrupting Air Canada flight

A Polish man charged with assaulting fellow passengers on an Air Canada flight to London, England, is going to be sent to his home country after a psychiatric assessment determined he has a mental illness. The scuffle prompted the pilots to divert the flight to St. John's, N.L. THE CANADIAN PRESS

Canada

Montreal gets set for municipal vote

Montreal's two main municipal parties are gearing up for the campaign trail. With allegations corruption swirling around City Hall, Mayor Gerald Tremblay of the ruling Union Montreal told his troops to put the past behind them and focus instead on the party's future. Tremblay's administration faces allegations of links to extortion and alleged Mafia-meddling over a $10.6-million contract to replace a roof at city hall. THE CANADIAN PRESS

Montreal **2 years, no contract**

RYAN REMIORZ/THE CANADIAN PRESS

Union president Michel Parent speaks to city blue collar workers as they protest lagging contract talks in front of City Hall as part of a 24-hour strike in Montreal yesterday. The workers have been without a contract for two years.

30 days for throwing pie at Alberta premier

A Calgary woman who tried to make a political statement by throwing chocolate cream pie filling at Alberta Premier Ed Stelmach during a Stampede breakfast was sentenced yesterday to 30 days in jail.

Lily Phan was found guilty earlier this year of assault with intent to resist arrest and assaulting sheriff Hady Hammoud as he attempted to stop her from tossing the pie at the premier on July 9, 2007.

The sheriff's arms and stomach were splattered by the filling, which missed Stelmach.

Such attacks are no laughing matter, said provincial court Judge William Cummings as he handed down the sentence.

"These actions were not just impulsive or spontaneous. This was a planned and deliberate intent to assault the premier."

Cummings referenced similar sentences given to a man who pied former Alberta premier Ralph Klein at a Stampede breakfast several years ago and a woman who hit Calgary Mayor Dave Bronconnier with a pie in 2007.

"This was a planned and deliberate intent to assault the premier." Judge William Cummings

The fact that Phan's pie didn't connect with the premier doesn't make her offence any less serious than others who have used pies as forms of protest, he added.

"There's no excuse for assault on a public servant in the execution of his duties." THE CANADIAN PRESS

Tories on 'life support'

Ignatieff to discuss toppling government with caucus

Michael Ignatieff says the Harper government is on "life support" — but he won't say when he'll try to pull the plug.

The Liberal leader says that decision will be made after discussions with MPs and senators at this week's caucus meeting in Sudbury, which wraps up tomorrow.

John Baird

The caucus is to discuss priorities and strategy, including when they should attempt to bring down the minority Conservatives.

Ignatieff dismissed Tory warnings that a fall election could threaten the fragile economic recovery by delaying stimulus spending.

He says stimulus money has hardly been flowing anyway so there's not much to hold up.

Earlier today, Transport Minister John Baird — the government's point man on infrastructure programs — said it would be irresponsible of the Liberals to topple the government.

He noted that the economy grew slightly in June for the first time in almost a year and said it's important to stay on course with stimulus plans.

Last fall, Prime Minister Stephen Harper ignored his own fixed-election date law and called a vote just before the country plunged into recession. THE CANADIAN PRESS

SEAN KILPATRICK/THE CANADIAN PRESS

Liberal Leader Michael Ignatieff speaks during a press conference on the first day of the Liberal summer caucus in Sudbury yesterday.

News in brief

RADIO CANADA A joke about Barack Obama being assassinated and other controversial humour has landed the French-language CBC in trouble with the national broadcast regulator. The CRTC says it received over 250 complaints about a popular New Year's Eve show that featured cracks about blacks, anglophones, spousal abuse, and the U.S. president. It says Radio-Canada, the French CBC, breached a number of licence conditions with the broadcast in 2008. Radio-Canada says it apologized for the sketches and is taking note of the CRTC decision.

ADOPTION Dev Patel may have played an Indian slumdog in the movies, but puppy Hugo Boss is the real deal. The four-month-old puppy was plucked several weeks ago from the streets of Ahmedabad, a city north of Mumbai, where he was malnourished and dirty. Lisa Warden, a Canadian woman, took him to her home, fed him, dewormed him and named him after the clothing designer. Warden posted videos of Hugo on the Internet and Sarah O'Neill adopted him. THE CANADIAN PRESS

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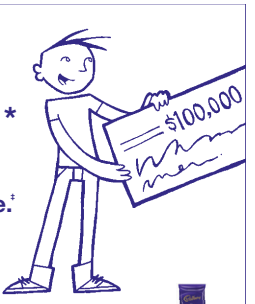

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By now, you probably know what goes in the Green Bin, but in case you're wondering about a few questionable items, check out the "NO" list.

What CANNOT go in

- Coffee cups and lids
- Foil, wax paper
- Cotton balls, make-up removal pads, dental floss
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- Disposable mop sheets, dryer lint, dryer sheets
- Vacuum cleaner bags and contents
- Fireplace or BBQ ashes
- Hair, pet fur, dead animals, feathers
- Leather, textiles, clothing, carpets
- Cigarette butts
- Wine bottle corks
- Gum
- Wood scraps

For more information about all our waste diversion programs, visit **www.toronto.ca/recycle** and don't forget to feed your Blue Bin with all your recyclables. Thanks for reducing, reusing and recycling.

TORONTO

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First Nations ready for possible flu battle

The federal health minister says Canada's First Nations will be prepared for a possible outbreak of influenza A (H1N1), also known as swine flu, this fall. She said Ottawa has been working with aboriginal leaders to ensure vaccines and other health equipment will be available. THE CANADIAN PRESS

ICU specialists warn hospitals to prepare for flu

Flu Outbreak

H1N1 Intensive care specialists who fought to save patients desperately sick with influenza A (H1N1), also known as swine flu, this spring and summer have a warning for hospitals that haven't yet dealt with an influx of these difficult-to-treat patients.

Prepare. Now.

Experts predict ICUs are likely to be the main battlefield in the war against a pandemic virus.

The vast majority of people suffer through a typical bout of flu. But of those who become sick enough to be hospitalized, a significant portion — maybe as high as 15 per cent, the World Health Organization says — end up in ICUs for weeks, hovering between life and death. The worst-hit hospitals have talked of having been on the brink of not being able to cope. THE CANADIAN PRESS

JOHN WOODS/THE CANADIAN PRESS

Dr. Anand Kumar, ICU attending physician for the Winnipeg Regional Health Authority, talks about a patient's chart with a nurse at the St. Boniface Hospital in Winnipeg on Friday.

Ottawa silent on Arctic visit

Meetings with Denmark took place

Canada's chief of defence staff met quietly with his Danish counterpart to strengthen military co-operation in the Arctic just days after the Conservative government mounted a solo display of military prowess in the Far North.

The unannounced discussions between Gen. Walter Natynczyk and Admiral Tim Sloth Jorgensen took place over several days last week, and were only made public in a Danish news release.

Ottawa has been silent on the visit, which included a stop at Canada's most northern military outpost, Canadian Forces Station Alert.

"As the ice melts, it will change shipping routes — probably resulting in a rise in ship traffic," said the Danish military release.

"This has led Arctic nations to examine the potential for closer co-operation in the region. Both Denmark and Canada have made moves in that direction."

A spokeswoman for Natynczyk played down the issue, saying discussions among military leaders are nothing unusual and don't garner much interest or attention by the media.

"They've met in the past," said Maj. Cindy Tessier. "The CDS (chief of defence staff) has so many counterparts. There was no intent not to be public with this."

A northern expert says the trip marked the first time a senior foreign military figure had visited Canada's Arctic.

Robert Huebert, of the University of Calgary, questioned whether the tour was kept low-key to avoid diverting attention from Prime Minister Stephen Harper's recent northern tour, which included a photo-op with naval ships, a submarine and CF-18 jet fighters.

> **"I'm not sure why they would want to keep this quiet."**
> Robert Huebert, University of Calgary

Harper's visit was intended to display Canada's military might for a domestic audience grown skeptical about the slow implementation of long-standing Arctic promises, as well as to showcase Canada's resolve to international rivals such as Russia.

"They might have wanted to stage-manage this made-in-Canada solution and they didn't want anyone else raining on the party, but that's speculation," Huebert said yesterday.

"I'm not sure why they would want to keep this quiet." THE CANADIAN PRESS

Chinese company to invest in oilsands

ENERGY A Chinese energy giant is making a nearly $2-billion investment in the Canadian oilsands by buying a working interest in two northeastern Alberta developments.

Privately-held Calgary firm Athabasca Oil Sands Corp. said yesterday PetroChina plans to take a 60 per cent stake in the MacKay River and Dover oilsands projects.

"These strategic joint venture arrangements with PetroChina, one of the world's largest energy companies, can ensure that the MacKay River and Dover projects will be developed in timely manner, which is excellent news for Alberta and the rest of Canada," stated Athabasca chair Bill Gallacher. THE CANADIAN PRESS

Interest

- PetroChina is not the first Chinese firm to show interest in northern Alberta's oil reserves, as Sinopec Corp. has a 50 per cent stake in the Northern Lights project, northeast of Fort McMurray, Alta.

News in brief

ADVENTURE An Ottawa-area man whose exploits include running across the Sahara Desert and racing 1,000 kilometres to the South Pole is now planning to tackle the Canadian Arctic. Ray Zahab and a handful of elite adventurers will spend more than a week covering 130 kilometres of ice and water as they cross Baffin Island. THE CANADIAN PRESS

†NO PURCHASE NECESSARY. Contest ends Nov. 8, 2009. For rules, details & entry, visit www.oneforme.ca or www.oneforyou.ca. Must be Canadian resident age of majority. † Grand Prize of $100K + a matching cash donation to a charity of your choice‡. 203 Instant Win Prizes with ARV's from $35 to $1,000 + a matching cash donation to a charity in the contest rules. Odds of winning any prize depend on no. of eligible entries. Odds of winning an Instant Win Prize also depends on time & date of entry. Skill-testing question required. ‡Charity of choice is a list of registered charities pre-selected by contest sponsor in the following categories: Local/Community, Global, Environment & Health. See full contest rules for further details. *Trademark of or used under license by Cadbury Adams Canada Inc.

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Plane loses engine power during flight

An American military aircraft made an emergency landing yesterday in Halifax after losing power to one of its four engines. A spokesman for the Halifax airport says that the C-130 Hercules, with 23 people on board, landed without incident in the early afternoon. THE CANADIAN PRESS

Two charged in death of boy, 17

Dakota Hunter had turned 17 only two days before his bloody, beaten body was found by the side of a road on a northern Manitoba reserve.

The death of the quiet volunteer from the Nelson House First Nation has left family members baffled. RCMP charged two 16-year-olds from the remote reserve, located 850 kilometres northwest of Winnipeg, with second-degree murder yesterday.

They were taken into custody sometime after Hunter's body was found Saturday.

"We still have many questions ... How did that happen? Why was it him?"
Colleen Hunter, aunt

"We don't even know what, why, who," said Colleen Hunter, his aunt. "We still have many questions to be answered. How did that happen? Why was it him?"

Hunter's badly beaten body was found at 4:30 a.m. by RCMP officers on the reserve. He was taken to Thompson, about 45 minutes away, where he died of his injuries.

RCMP say an autopsy concluded Hunter died from "multiple injuries due to trauma." Although charges have been laid, the investigation is still ongoing.

THE CANADIAN PRESS

Snake Rescue

ALEX MCCLUAIG/THE CANADIAN PRESS

Troy holds up Sunny the snake outside his Medicine Hat, Alta., home, after he and his wife Shannon rescued the reptile Saturday and bandaged its wounds.

Campbell says B.C. budget realistic, not optimistic

VICTORIA Premier Gordon Campbell says his government's budget is a realistic accounting of the tough economic times facing British Columbia.

He says today's budget is not optimistic, but it isn't pessimistic either.

The budget comes at a time when Campbell's Liberals are facing public outcry over the introduction of a proposed harmonized sales tax, a rejuvenated Opposition and an ongoing economic downturn. Some predict the deficit could be anywhere between $2 billion and $4 billion, far higher than the $495 million deficit the Liberals forecast last February when they tabled their budget. Campbell says the deficit is a result of unexpected declines in government income tax and energy revenues.

Gordon Campbell

The Opposition New Democrats say the Liberals knew about the ballooning deficit and HST, but didn't mention them during the May election campaign in which the Liberals were re-elected to a third term.

THE CANADIAN PRESS

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U.S. seeks to deport man who allegedly helped Nazis
The U.S. Justice Department is seeking to deport an 88-year-old man they say helped the Nazis during the Second World War. Papers filed in a Detroit immigration court charge that John Kalymon personally shot Jews while serving in the Nazi-sponsored Ukrainian Auxiliary Police. THE ASSOCIATED PRESS

World

Tamil journalist sentenced to 20 years

A Sri Lankan court yesterday sentenced an ethnic Tamil journalist to 20 years in prison under an anti-terrorism law for publishing articles critical of the government's war on the Tamil Tiger rebels. J.S. Tissainayagam's articles in a now-defunct magazine in 2006 and 2007 had criticized the government's conduct in the conflict and accused authorities of withholding food and other essential items from Tamil-majority areas as a tool of war.
THE ASSOCIATED PRESS

News in brief

MURDERS A frantic caller told authorities he had just come home to find several relatives apparently beaten to death and another barely breathing, according to an emergency call tape released yesterday from the weekend attack at a mobile home park in Georgia. "My whole family is dead!" screamed Guy Heinze, 22. One of the survivors died Sunday, raising the death toll to eight. Police have refused to say how they were killed or why and have said they don't know if the killer or killers are still in the area. Heinze was arrested on drug and other charges but police have not called him a suspect in the slaying.

TERROR Indonesia's police chief says a suspected terrorist infiltrated an airline in a plot to carry out an attack. Gen. Bambang Hendarso Danuri said yesterday that one of four suspects wanted for July suicide bombings in Jakarta had been working as a technician for the airline, Garuda. THE ASSOCIATED PRESS

Fire doubles in size

A massive fire in the Los Angeles area nearly doubled in size overnight, threatening 12,000 homes yesterday in a 32-kilometre-long swath of flame and smoke.

At least 6,600 homes were under mandatory evacuation orders and more than 2,500 firefighters were battling the flames. On the blaze's northwestern front, two firefighters were killed Sunday when their truck drove off the side of a road.

The fire was the largest of at least eight burning up and down California after days of high temperatures and low humidity.

The Los Angeles-area blaze had burned at least 21 homes and was moving north, south and east through the rugged foothills northeast of the city.

"It's burning everywhere," U.S. Forest Service spokeswoman Dianne Cahir said. "If you have any insight into the good Lord upstairs, put in a request."

More than 20 helicopters and air tankers were preparing to dump water over the flames. Two Canadian Super Scoopers, giant craft that can pull thousands of litres of water from lakes and reservoirs, were expected to join the fight later in the day. THE ASSOCIATED PRESS

ALEX GALLARDO/THE ASSOCIATED PRESS

A burned traffic sign sits on a highway near Los Angeles.

Five trapped

- The Los Angeles County Sheriff's Department says five people who refused to heed wildfire evacuation orders are trapped in a canyon and it's too dangerous to rescue them. Yesterday they called for help because they were unable to leave a ranch in Gold Canyon.

Dalai Lama's mission of mercy gets political

TAIWAN The Dalai Lama exhorted Taiwan yesterday to safeguard its democracy, interspersing prayers for the victims of Typhoon Morakot with a challenge to Communist China.

The call from the Tibetan spiritual leader appeared to contradict assurances that his five-day visit to comfort the victims of the worst storm to hit the island in 50 years would steer clear of the political — a concern for President Ma Ying-jeou's administration, which is seeking closer ties with the mainland.

"You (now) enjoy democracy," he said, addressing a crowd of several hundred amid a landscape of jagged boulders and twisted, upended tree trunks. "That must be preserved."

"You now enjoy democracy. That must be preserved."
Dalai Lama to Taiwan

The trip has infuriated Beijing, which claims Taiwan as part of its territory and resents any outside effort to influence its future.

It is likely to be particularly irked by such comments from the Dalai Lama, whom it denounces as a "splittist" — alleging he seeks independence for his native Tibet. Beijing also regularly uses that sobriquet for advocates of formal independence for Taiwan, which split from the mainland amid civil war in 1949 — 10 years before Chinese troops invaded Tibet and sent the Dalai Lama into exile in India. THE ASSOCIATED PRESS

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Turkey and Armenia move toward diplomatic ties

Armenia and Turkey agreed yesterday to final talks aimed at establishing diplomatic relations and resolving a seemingly intractable rift that dates to the massacres of Armenians under Ottoman rule nearly 100 years ago. Both sides said they expected the talks to take six weeks. THE ASSOCIATED PRESS

News in brief

SEARCH Armed with rakes, shovels and chain saws, about 20 officers combed the backyard of a couple charged with kidnapping and raping Jaycee Lee Dugard and used cadaver dogs to search an adjoining property where neighbours say one of the suspects once served as a caretaker.

HURRICANE Dangerous and strengthening hurricane Jimena roared toward Mexico's resort-studded Baja California Peninsula yesterday, prompting emergency workers to set up makeshift shelters and chasing away an international finance conference. Jimena, just short of Category 5 status, could hit the region by today evening, forecasters said. THE ASSOCIATED PRESS

Thousands of vote complaints

Afghan election results could be changed if allegations are sustained

The sheer volume of accusations of ballot box stuffing, fraud and voter intimidation in the Afghan presidential election may be disappointing but it doesn't come as a surprise to the head of the UN-backed Electoral Complaints Commission.

Grant Kippen, a Canadian as well as the man who chaired the commission during the previous election in this politically-volatile country, said he expected a lot of complaints — again.

The commission has received more than 2,000 complaints from all of the candidates in the Aug. 20 vote. Investigations are focusing only on the more serious allegations brought forward.

"The ones that we have given top priority — some 613 complaints — are the ones we're focusing on at the moment," Kippen said yesterday in a telephone interview with The Canadian Press. "They have the potential to change election results."

The temperature of the political rhetoric surrounding the vote has been rising, akin to the 40-degree heat scorching the country's southern region this week.

Haji Ahsan, a provincial council member from Kandahar, for example, is not mincing his words.

"I can say that it was all fraud and it wasn't done by one or two persons, it was done by everybody who was part of the election," he said.

"This kind of government loses the trust of people."

Ahsan said figures indicated there were 10,000 ballots cast in the Maywand District but in reality the turnout was only a fraction of that.

Preliminary results have incumbent President Hamid Karzai slowly edging closer to the 50 per cent of the vote he needs to clinch a victory. THE CANADIAN PRESS

General calls for more troops

- The commander of U.S. and NATO troops in Afghanistan called yesterday for a new strategy against the Taliban in an assessment of the eight-year-old conflict, saying the situation is serious but victory was achievable. NATO officials disclosed that Gen. Stanley McChrystal is expected to separately request more forces to fight an increasingly deadly insurgency.
- Explosions killed two more U.S. troops, raising the record death toll in August to 47.

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Moscow **Crackdown on protest**

MISHA JAPARIDZE/THE ASSOCIATED PRESS

Police officers detain a participant in the so-called Dissenters' March, an unsanctioned anti-Kremlin demonstration in the centre of Moscow yesterday. Police briefly detained about 15 protesters. The Moscow city government generally refuses to allow the opposition to hold rallies in central locations.

Kofi Annan calls for early weather warning system

ENVIRONMENT The world needs more innovative projects — like putting weather stations on cellular phone towers across Africa — to help it cope with increased hurricanes, tsunamis, droughts and floods, former UN chief Kofi Annan said yesterday.

"We cannot hope to manage climate change unless we measure it accurately," Annan told 1,500 officials, diplomats and scientists as a weeklong UN meeting opened on adapting to climate change.

> **"We cannot hope to manage climate change unless we measure it accurately."** Kofi Anna, ex-UN chief

The World Climate Conference in Geneva is seeking to help developing countries generate better data on their own changing climates and share that information with other countries.

In a keynote speech, Annan suggested a model should be the project announced in June by his Global Humanitarian Forum to install a network of automated weather stations on mobile phone towers across Africa.

Weather data will be fed into national networks and sent back to farmers and fishermen, alerting "them to storms which threaten crops, livestock and lives," Annan said. THE ASSOCIATED PRESS

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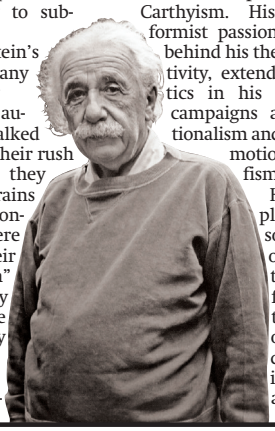
Comment

Lessons from Einstein

Albert Einstein detested rote learning. Students returning to school next week might be encouraged to know that the renowned physicist who unlocked mysteries of the universe was no genius in the classroom.

At 15 he was ushered out of one school owing to undistinguished performance and impudence. Later, at Zurich Polytechnic, he flunked a course in physics of all things, scoring the lowest grade possible. He graduated, but near the bottom of his class.

The reason for Einstein's early scholastic mediocrity was that teachers — as many still do today — rewarded regurgitation as opposed to imagination. His strength was the latter. In his engaging biography of Einstein, Walter Isaacson shows how his contrarian, independent nature made his breathtaking discoveries possible. He was always resisting conventional wisdom and always standing up against what was known in German as *zwang*. It means compulsion, coercion, having to submit.



For Einstein's liking, too many mechanically obedient automatons walked the halls. In their rush to conform they left their brains behind. Conformists were losers. Their "foolish faith" in authority was "the worst enemy of truth."

Today's teachers, especially if they're the enforcer types (we'll call them zwangers), might not like Einstein's pedagogical theories making the rounds. No telling what a rash of independent thinking might do.

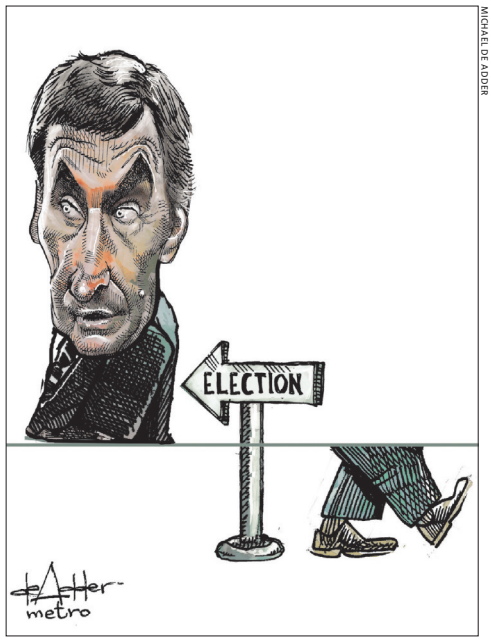
In Einstein's day, zwang held sway at the student and the political level (Nazis). He left Europe for the freedom of Princeton University, a freedom that was interrupted by McCarthyism. His non-conformist passions, the key behind his theory of relativity, extended to politics in his continuing campaigns against nationalism and in his promotion of pacifism.

His example, as Isaacson points out, is vital today. Conformists in the centres of learning, conformists in politics, are still dominant. We see how pressures accumulate on Barack Obama to water down his promise of universal health care and other planks in his change agenda. We see how Liberal Leader Michael Ignatieff, a creative, independent thinker, has been muted by pressures to conform and is criticized for spending too much time learning abroad.

In too many disciplines, today's leaders are consensus seekers as opposed to consensus changers. The key in schools, in politics, is to foster an environment that is creative. "I have no special talent," Einstein once said. "I am only passionately curious."

Let the mind roam, he advised and keep it roaming. Indolence, he told his unemployed son, is a killer. "Life is like riding a bicycle," he said. "To keep your balance you must keep moving."

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.



MICHAEL DE ADDER

Views

Breaking down bankruptcy numbers

Bankruptcies are up, to begin with. There is no doubt whatever about that.

The researchers at Statistics Canada must have felt positively Dickensian when they reported there were 14,148 bankruptcies either declared or proposed in June, 51 per cent more than in June 2008. For the 12 months ending with June, bankruptcies were up nearly 29 per cent to 143,883. That's a lot of financial misery, and about what you would expect during a severe recession.

The trouble is, those big numbers don't mean much unless you break them down. And when you do, they tell a more optimistic story of what's happening in this country.

It turns out that almost 96 per cent of those June bankruptcies were personal while fewer than four per cent were business. Over the previous year, it was the same story: 95 per cent of bankruptcies were personal; the rest were businesses.

In fact, business bankruptcies in Canada have been in a long-term decline: Since 1990, the annual total of business failures has dropped 47 per cent, and since 2000, the falloff is 39 per cent. There are a number of reasons for this.

A Compas poll of business leaders in May reported that most of those surveyed thought the Canadian economy was inherently more stable than the U.S. economy and that we enjoy a strong, well-regulated financial system. Yes, there were valid complaints in the early stages of the recession that our banks were clamping down on credit. But unlike U.S. banks that went all-in with subprime lending, Canadian banks at least had money left to lend, which has begun to flow again.

It also helps that Canadian companies have been gradually weaning themselves off excessive reliance on the U.S. market. Admittedly, Canadian exporters still send two-thirds of all shipments to the U.S., but only six years ago it was closer to three-quarters.

And it isn't just Canadian banks that are cautious. Most companies tend to be fairly conservative, keeping their balance sheets relatively unencumbered by too much debt. They are also careful to develop strong positions in both domestic and export markets. Companies are getting better at workouts, doing restructurings with creditors to keep themselves going. They're also good at taking action when times get tough. As ugly as it sometimes seems, they know how to cut costs and, unfortunately, jobs, but it keeps them alive to grow another day.

In the real world, it's the Bob Cratchits who usually go under. Scrooges seldom do.

Charles Davies is a veteran business writer who has worked for Canadian and international news organizations.

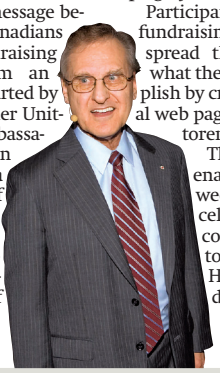
Worth mentioning

Canadians dared to help African AIDS projects

You can lace up your running shoes, but you can also host a dinner party, yodel on the subway or carry a canoe through city streets to raise money to fight AIDS.

Whatever you choose, preposterous or not, it's a dare.

That's the message being sent to Canadians by a new fundraising initiative from an AIDS group started by Canada's former United Nations ambassador Stephen Lewis, now a professor of global health at Hamilton's McMaster University and co-director of AIDS-Free World.



Stephen Lewis

The Stephen Lewis Foundation, which supports hundreds of community-based organizations sustaining people affected by HIV/AIDS in 15 African countries, launched the Dare to Remember campaign yesterday.

Participants can set a fundraising goal and spread the word about what they plan to accomplish by creating a personal web page at www.adaretoremember.org.

The dares will be enacted during the week of Oct. 17, in celebration of the courage Africans touched by HIV/AIDS show daily.

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Avion narrows second-quarter loss

Avion Gold Corp., a junior Toronto miner with operations in West Africa, says it narrowed its net loss in the second quarter to $0.7 million or nil per share from $0.8 million or three cents for the same period last year. THE CANADIAN PRESS

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Toyota moving Matrix to Woodstock: Sources

AUTOS Toyota will probably shift production of the Matrix crossover vehicle to Woodstock from Cambridge within the next year to make room to build more Corolla compacts in a move that should create several hundred jobs, sources say.

Toyota Motor Manufacturing Canada Inc. wouldn't confirm the move yesterday but sources familiar with the automaker's plans said the company will jack up output of the Corolla and Matrix in Cambridge starting next month in advance of the transfer.

After building extra inventory of the Matrix, Toyota will briefly stop its production, move tooling to the Woodstock plant about 50 kilometres away and then hire more full-time workers for that operation, the sources said.

The company's Japanese parent is closing a California assembly plant — which currently builds the Corolla — next March and shifting the compact's production to Cambridge. TORSTAR NEWS SERVICE

Venture

- That California assembly plant, a joint venture with General Motors called New United Motor Manufacturing Inc., also assembled the Pontiac Vibe crossover model, which ceased production last month.

Recession finally over, or is it?

Politicians and economists are warning of tough times continuing despite data yesterday that signal Canada's recession ended in June and the current summer quarter will produce the first quarterly growth since last fall.

June's 0.1 per cent output gain was lower than consensus expectations, and other indicators suggest the economy is still not poised for the kind of bounce-back that would set champagne corks popping, analysts noted.

3% Merrill Lynch chief economist Sheryl King said the rebound could actually hit three per cent in the third quarter, far higher than Bank of Canada's call for a 1.3 per cent advance.

More worrisome, several economists said a double-dip slump was still a possibility next year once extraordinary U.S. government spending peeters out.

Technically, the recession will not be declared over until numbers on third-quarter activity, the July-to-September period, are known later this year.

But economists say that is a formality since enough is known about how the economy fared in July and August to make growth in the third quarter a foregone conclusion.

Economists expect output to experience a spurt during this quarter, in part because the second quarter was weaker than expected, and in part because of the auto sector restart in July. But most agree growth will be sluggish the rest of this year and much of 2010. THE CANADIAN PRESS

Medworxx marks $1M milestone

SOFTWARE Medworxx Solutions Inc. cut its second-quarter loss as revenues went over the $1-million mark for the first time since it started its business five years ago, the software maker said yesterday.

The Toronto company booked a loss for the April-June period of $196,784 or 0.3 of a cent. That compared with a loss of $332,993 or 0.5 of a cent generated in the same 2008 period.

A record number of software licence transactions closed in the last quarter, which helped boost its revenue to $1.1 million, up 17 per cent from $903,909.

Medworxx said it surpassed its 100 customer mark but did not specify the exact number. THE CANADIAN PRESS

Products

- Medworxx creates software products that hospitals use to communicate, aggregate and analyze knowledge.

Shanghai surprise Index sinks

THE ASSOCIATED PRESS

An investor looks at indexes yesterday on electric boards in Shanghai, China. China's main stock index sank 6.7 per cent on heavy selling of market heavyweights triggered by renewed worries over a potential tightening of liquidity. The benchmark Shanghai Composite Index lost 192.94 points to 2,667.75, its lowest close in more than three months.

McVicar profit up despite sales dip

CHEMICALS McVicar Industries Inc. increased its second-quarter profit to $960,000 despite a 17 per cent drop in sales revenues compared with last year as the chemical producer cut costs and fixed low raw material prices.

The company said yesterday its net income was three cents a share in the period ended June 30, up from a prior-year period of $310,000 or a penny a share. The global economic slowdown weakened its sales to $8.6 million, down from $10.3 million.

"I am very pleased with the healthy financial results from our operations," said CEO Gang Chai. THE CANADIAN PRESS

Canada's banking watchdog takes charge

REGULATOR Douglas Melville's first order of business as Canada's new banking ombudsman is to find "a creative way" to deal with the "perfect storm" hitting his office.

The global recession has left the ombudsman for banking services and investments "absolutely buried" in new complaints, Melville said yesterday.

Its complaint volume shot up by 67 per cent in the second quarter from the first quarter. And Melville fully expects OBSI's total caseload to surpass 1,000 in fiscal 2009.

Last year, it opened 670 files.

Consumers, he said, are grousing mostly about mortgage prepayment penalties. Given low-interest rates, many are eager to refinance but find breaking a contract can be costly. TORSTAR NEWS SERVICE

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Baker Hughes to buy BJ Services in $5.5B deal

Oilfield services company Baker Hughes Inc. said yesterday it will buy BJ Services Co. in a cash-and-stock deal valued at $5.5 billion US. The company said the deal will allow it to drive international growth and compete for projects of companies engaged in all phases of the oil business. THE ASSOCIATED PRESS

School shopping to remain stable: Study

Canadian retailers may have some reason to breathe a sigh of relief this fall, according to a study that suggests parents are not planning to scrimp on back-to-school spending.

Scotiabank said yesterday parents will spend an average of $310 to get their children ready for the return to school, about the same level as last year.

Parents expect to spend an additional $406 over the year on school-related incidentals from field trips to pizza lunches. These costs affect all parents of school-age children, but 71 per cent say they have not budgeted for them.

"Spending by Canadian households on school-related goods and services typically is more stable than other discretionary purchases in both good and not so good times," said Aron Gampel, Scotiabank's deputy chief economist.

$310 Canadian parents plan to spend an average of $310 getting their kids ready for the new school year, according to a recent study.

Quebec parents plan to spend the most at $399 getting their children ready for school; Ontario parents the least at $266.

Other regional spending includes $322 for Atlantic parents, $293 for Manitoba/Saskatchewan, $338 for Alberta and $273 in British Columbia. Alberta parents expect to spend $471 on incidental costs, the most of any province. Ontario follows at $421, followed by Quebec at $400, B.C. at $390, Atlantic at $379 and the Prairies at $337.

The study also found 64 per cent of parents plan to use debit and/or cash to pay for most back-to-school purchases.

The survey conducted by Harris/Decima was conducted Aug. 7-11, involving 1,000 parents with children 17 and younger.

THE CANADIAN PRESS

As the beginning of a new school year approaches, Canadian parents aren't planning to scrimp on back-to-school shopping despite the recession, a Harris/Decima study shows.

Brick being sued for lime beer trademark

ALCOHOL Brick Brewing Co. Ltd. says it is being taken to court by the world's largest beer maker, which claims the Ontario company has violated the trademarks and copyrights for Bud Light Lime.

Brick says Anheuser-Busch, Inc. and Labatt Brewing Co., both subsidiaries of the world's largest beer company, are seeking an injunction from the Federal Court of Canada.

The beer giants also want compensation from the Waterloo-based company or an accounting of profits from Brick's sales of Red Baron Lime beer.

Brick says it has had the Red Baron trademark for more than 20 years and did its research before launching the lime version of its beer last month. The Ontario beer maker says a suit by the subsidiaries of Anheuser-Busch InBev wasn't a surprise and described it as a standard tactic to eliminate competition. Brick says it will defend itself from the legal challenge.

THE CANADIAN PRESS

Label

- Earlier this year, Brick agreed to change the label used for its Red Baron beer as part of a copyright and trademark settlement with Labatt.
- Labatt had sued Brick and alleged the label and secondary packaging for Brick's Red Baron created confusion with Labatt's Brava brand.

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Lakeside, union given standing in U.S. Steel case

STEEL The Federal Court has granted intervener status to a company and a union that say they were affected by the closure of most of U.S. Steel's Ontario operations — a decision lawyers say could result in an auction of the steelmaker's Canadian assets.

Lakeside Steel, the junior Canadian company that successfully filed for intervener status in the case that will address whether U.S. Steel broke promises made to Ottawa, will argue that U.S. Steel's Canadian assets should be sold.

"We think an appropriate remedy for the court to consider in this context is a divestiture so that we can bring a Canadian company with net benefits to Canada back to Canada unless U.S. Steel finally listens to reason and fully complies," Lakeside lawyer Jeff Kaufman said.

"These individuals and their families suffered serious financial hardship, stress and uncertainty ..."
Robert Champagne, lawyer for United Steelworkers

The court will decide whether U.S. Steel was justified in breaking production and employment guarantees it made to the federal government when it bought Stelco in 2006.

Kaufman said an auction of U.S. Steel's Canadian assets would be one option available, but said it's too early to speculate on a possible purchase price.

The United Steelworkers union was also granted intervener status in the case. Lawyer Robert Champagne said more than 1,600 union members have been laid off by U.S. Steel and another 720 have retired since last November.

"These individuals and their families ... suffered serious financial hardship, stress and uncertainty as a result of their layoffs or have found themselves in a position of having to take an earlier retirement than they might otherwise have wanted to take," Champagne argued in court, adding the union has also suffered from a loss of dues, stature and bargaining power.

THE CANADIAN PRESS

Hydrogenics wins $5M in contracts for electrolyzers

FUEL Hydrogenics Corp., a developer and manufacturer of hydrogen generation and fuel cell products, says it has won orders for electrolyzers worth in total about $5 million from Groupe Cevital of Algeria and the Obeikan Investment Group of Saudi Arabia.

The Hydrogenics units will be delivered in late 2009 and early 2010 and will be used to produce hydrogen for vegetable oil processing and glass production, the Toronto-area company said yesterday.

Hydrogenics sells hydrogen generation and fuel cell products and services to the industrial and clean energy markets. The company has operations in North America and Europe. THE CANADIAN PRESS

Business in brief

MINERALS Cadillac Ventures Inc., a junior Toronto mineral developer, says it has failed to reach a final agreement with Latin American Minerals Inc. on the Tendal VMS zinc, lead and copper project in Argentina and has decided to scrap the talks. Cadillac has two Canadian exploration projects. The New Alger project outside Cadillac, Que., is a wholly owned, previously producing gold mine, where the company has begun a drilling program. The Burnt Hill Project is a 51 per cent owned tungsten tin project outside Fredericton.

PRINTING World Color Press, formerly Quebecor World, has strong long-term potential and remains a candidate for a takeover, says an industry analyst. Having recently exited bankruptcy protection, World Color Press has dramatically reduced its debt and operating costs. THE CANADIAN PRESS

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	0.75%	1.25%	0.75%	0.75%

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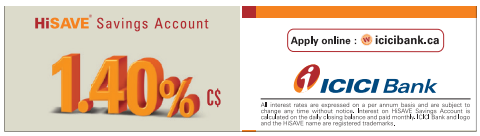
EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Price check



AlisonOnMoney

You might wonder why anyone would buy a Toronto Blue Jays' pen as another lame duck baseball season ends. But sometimes need overwhelms good sense.

My 23-year-old daughter, who happens to be deaf, wanted to write a note to a companion during a recent and rare Jays' win. No one had a pen so she dashed to the concession. Afterwards she noticed that she'd been charged $9 for the $3 pen. Fortunately, she easily got a refund. But if she had waited until after the game to check, it might have been, well, game over.

Now, think about all the receipts you acquire in a week. Do you read each one to ensure you were charged the right amount and received the correct change? Small mistakes can mount up to serious dollars over time.

Even with today's swipe systems, mistakes are made, particularly with sale prices and deals such as two-for-one or buy one get the second at 50 per cent off. A couple of months ago I took advantage of a clothing sale. The cashier missed one of the discounts when she entered them manually. The difference was $14, not chump change.

You should be especially vigilant in grocery stores or anywhere you might purchase multiple items. It is very easy to overlook an error among 20 or more different things.

I dislike the trend to bag your own and swipe your own purchases at checkouts because it is difficult to monitor prices at the same time. Think Saturday afternoon at the grocery store with a toddler in your arms and an impatient line up behind. Pressure!

I guarantee that mistakes are made in the course of your consumer life. So, follow these three steps to put money back in your pocket: Watch, Compare and Question. 1. Watch the checkout display. 2. Compare the charge or sales price to what you recall on the shelf or label. 3. Question anything you think is wrong.

Checking your receipts and doing a bit of mental math is a habit that will pay you back — literally.

Alison's Money Rule:

- Check your change and your receipts. Small transaction errors add up to big bucks lost.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at alison@alisongriffiths.ca.

Payday loans? Just say: No way

MoneyMatters

Q Several months ago, I lost my job. My wife and I must have visited more than four banking institutions. They all turned us down for a temporary loan. Although my wife continues to work, her income is insufficient to qualify. Last week, she used a "payday loan" store to temporarily meet our short-term obligations. Why are there not other alternatives for families that are hurt by the recession?

— Corey and Jessica

A Contrary to belief, banks do not provide loans based on need but the ability of the individual to repay. In these tumultuous times, financial institutions must be prudent with lending. We have seen how lax lending practices have devastated the U.S. economy. Definitely not a practice Canadians want to copy.

Payday loans are lenders of last resort. These loans should not even be in your list of lenders that money can be obtained. Unfortunately, more than 2 million Canadians disagree and use the services of payday loans. It's a travesty that there are not alternatives that educate users to seek and obtain less costly financing.

A payday loan is a small principal, unsecured loan made to a borrower with a guarantee of repayment in a short period of time, such as ten days or two weeks. It is attractive to some because no credit checks are performed, and the amount borrowed is generally small in nature, approximately $300.

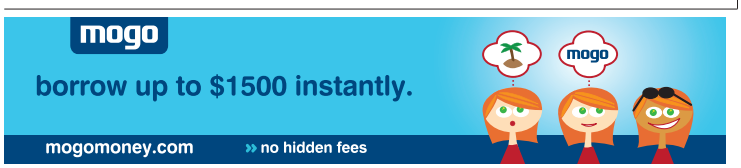
Recent provincial legislations were passed to toughen the rules for payday loan providers, introduce a cooling off period and limit the fees charged. For example, in Ontario, maximum fee charged on $100 is $21.

Once you start on this cycle of borrowing, it is very difficult to get off.

Exhaust these methods to obtain your loans:

- Refinance mortgage — some banks offer deferral of mortgage payments
- Line of credit
- Second mortgage
- Consolidate loans
- Other financial institutions beside banks
- Family, friends, neighbours (swallow some pride)
- Liquidate assets such as furnishings and stocks, etc.

Henry Choo Chong, CGA, can be reached at choochonghcga@yahoo.ca and 416-485-5225.



By the numbers

According to a recent survey by RBC, 48 per cent of returning post-secondary students like being responsible for their own finances. NEWS CANADA

Student ¢ents

Hidden fees

Will you live within walking distance of your college or university? If not, expect to add $100 per month to your budget for public transportation. NEWS CANADA

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

The key to credit

RAFAEL BRUSILOW
for Metro Canada

Building and protecting a good credit history may not be on your course list this semester, but it should definitely be a part of your educational plan.

Good credit can be crucial not only to buying a home or car in the future, but also for things like renting an apartment, starting a cellphone plan or getting good rates on things like loans or insurance.

Having and using a credit card can be a good way to build a good credit history but only if you don't abuse the privilege. Building a strong credit rating begins, ironically perhaps, with making sure you only use money you actually have and pay it back when asked.

"The number one thing you want to do is pay your bills on time," said David Malamed, a forensic accountant at Grant Thornton.

Missed payments can ruin your rating quickly and consistently maxing out your cards also lowers your scores, so be responsible.

Getting a free T-shirt or coffee mug just for signing up for an extra credit card might seem like a win-win situation, but be wary of annual fees or extremely high interest rates, sometimes in the vicinity of 29 per cent or even higher. Read the fine print before you sign anything and really consider how many cards you need — after all, you really don't want to be charging more to credit cards than you can actually pay back anyways. If your wallet ever gets stolen, more cards will mean more trouble and more risk of fraud for you.

Once you've started building your good credit, you need to protect it. Malamed says fraud is one of the most common ways good credit can go bad and vigilance is often the best protection.

"Religiously check your credit card and bank statements and investigate them — that's really your first step into avoiding a risk of fraud," Malamed said.

Look for anomalies like strange payments for things you didn't buy or double-billing on single items and speak with your credit provider right away if you see something unusual.

Never respond to solicitations for credit cards over the phone as you can't be sure who the person on the other end is. The personal information you give away could potentially lead to identity theft and, in a worst-case scenario, Malamed says a scammer could use your personal information to call up a credit provider, pretend to be you, open new credit cards under your identity and wreak havoc upon your credit rating by racking up debt.

"It can be an enormous headache and a lot of hours and stress you didn't ask for to deal with it," Malamed said.

Malamed recommends checking your credit score every six months to a year to make sure what lenders are saying about you matches your credit activities, and to spot potential mistakes or fraud.

Popular credit-report service providers include Equifax (econsumer.equifax.ca) and TransUnion (transunion.ca).

Using a credit card can be a good way to build a good credit history — if you don't abuse it.

Manage finances

- **Create a financial plan.** Decide how you will allocate your money among books and supplies, food, clothing, entertainment and other items, set a plan and stick to it.
- **Make it monthly.** A monthly financial budget plan is a good choice — weekly may be too difficult to manage and longer periods than a month could cause you to fall too far from your plan.
- **Keep track.** Set up a budget sheet, set your plan and keep track of everything.
- **Time your spending.** A good approach is to try to time your spending — be a bit frugal early in your budget period (for example, in the first couple of weeks). Plan your nights out for later in the budget period.
- **Don't skimp on nutrition.** Don't sacrifice good nutrition to save a few dollars. You will be better off with healthier foods that cost a little more.
- **Work together.** Pot luck and co-op dinners with friends are a great way to save money, try new types and styles of foods, and take a needed break from studies.
- **Remember: Budgeting isn't easy.** If your plan is starting to slip, don't be shy — talk to your parents and tell them where you stand. Catching problems early and dealing with them is always the right thing to do!

– BY PROF. ERIC KIRZNER, ROTMAN SCHOOL OF MANAGEMENT, U OF T

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It's Called Football
Declan Hill, author of The Fix, joins Ben Rycroft on It's Called Football to discuss match-fixing in MLS and around the globe. To watch the interview and to read about a rift that's forming between USL team owners and league management, visit **metronews.ca/blogs**

Sports

Bruschi bows out

Tedy Bruschi, left, announced his retirement after 13 seasons with the New England Patriots yesterday. The 36-year-old inside linebacker was part of all three of the club's Super Bowl-winning teams and returned from a mild stroke suffered in February 2005 to play eight months later. THE ASSOCIATED PRESS

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

NHLPA dumps director

Union had 'lost confidence' in Paul Kelly's ability to lead

Once again, the National Hockey League Players' Association is looking for an executive director.

The NHLPA's executive board yesterday voted "overwhelmingly to relieve Paul Kelly of his duties as executive director, effective immediately."

No reason was given in a statement from the NHLPA. But a review of Kelly's performance over the summer produced a list of issues players had with his leadership, said Buzz Hargrove, the former Canadian Auto Workers boss, who is now interim ombudsman for the NHLPA.

"I don't think you can point to any one (issue) and I'm not prepared to name one," he said, adding that "people had just lost confidence that Paul was the one" to lead the union.

The NHLPA executive board, which consists of one player representative from each of the 30 NHL teams, made the decision at its annual meeting in Chicago.

NHLPA general counsel Ian Penny will serve as the interim executive director while the association puts together a search committee to identify potential candidates for a replacement.

Hargrove said he would not be a candidate and could not say if the new boss would be an outsider or someone currently working for the union. Penny is thought to be a contender for the job.

Kelly, who had been on the job for less than two years, was not available for comment.

The new executive director will be the union's fourth in only five years, which calls into question the stability of an organization that has appeared to be split into factions since the lockout, when for the first time a salary cap was accepted by the players.

Hargrove countered that rather than showing disunity, it proved that a system of checks and balances on management brought in when in Kelly was hired have worked.

Until a new executive director is named, the union is in the hands of Penny, advisory board head Ron Pink and Hargrove.

THE CANADIAN PRESS

Position history

- Kelly succeeded Ted Saskin, who was let go in May 2007 amid allegations of monitoring players' email. Saskin had taken over when Bob Goodenow stepped down under pressure from the players on July 28, 2005, only two weeks after a collective bargaining agreement was signed to end the lockout that wiped out the entire 2004-05 season.

Soccer Barca bests Gijon

MANU FERNANDEZ/THE ASSOCIATED PRESS

FC Barcelona's Bojan Krkic celebrates with his teammate Carles Pujol yesterday after scoring against Sporting Gijon during a Spanish La Liga soccer match in Barcelona, Spain. Barcelona went on to win 3-0.

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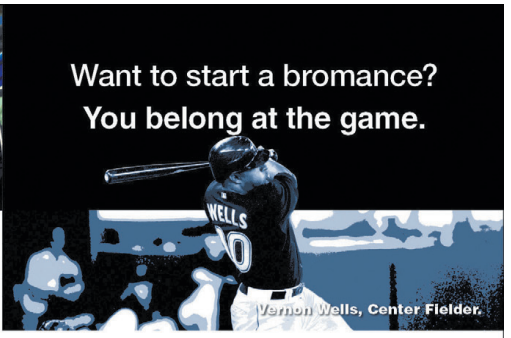

Jays VS Yankees

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LADIES NIGHT OUT — Sit in the Ladies Night Out section and receive a FREE Blue Jays Cap.

Friday, September 4th @ 7:07 pm
Presented by The Toronto Star and THE FAN 590. **ROB DUCEY*** will be signing autographs from 5:45 pm–6:30 pm near section 117. Ericsson Triple Play Challenge — A Blue Jays Triple Play could WIN you $1,000,000!**

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NFL sets social-media rules
The NFL has decided that players will be allowed to use social media networks this season before and after games, but not during them. The use of social media by NFL game officials and officiating department personnel will be prohibited at all times. THE ASSOCIATED PRESS

Piper battling for spot on national team

HOCKEY Veteran forward Cherie Piper has travelled a challenging road since helping the Canadian women's hockey team win gold at the 2006 Winter Olympics.

Just a few months after finishing second in scoring behind Hayley Wickenheiser at the Turin Games, Piper suffered a major knee injury while playing in a college hockey game. The setback kept her off the national team for more than a year.

Shortly after her return to the team, her father Alan died of a heart attack in February 2008.

The toll that took on 28-year-old Toronto native surfaced earlier this year when one of Canada's best playmakers was left off the roster for the world championships in Finland.

"It was a long couple of years for me on so many levels," Piper said yesterday prior to Canada's game against Sweden at the Hockey Canada Cup. "For me, it's just battling back and trying to earn my spot back in the program and on this team."

The national under-18 and under-22 programs are churning out players who immediately challenge for spots on the national squad and Piper lost her spot on the team.

When she found out she wouldn't play in the 2007 world championship, Piper was devastated, although she was included among the 26 players invited to try out for the 2010 Olympic team this winter.

"After that point, I made the decision that I'm going to do everything in my power to make sure this doesn't happen again," she said. THE CANADIAN PRESS

Champs win to open Open

Roger Federer, Serena Williams move on in year's final major championship

Roger Federer and Serena Williams began their U.S. Open title defences yesterday with easy wins in matches that will probably stick only in the memories of the players they beat.

Federer defeated NCAA champion Devin Britton 6-1, 6-3, 7-5, and Williams rolled over wild card Alexa Glatch 6-4, 6-1 to fashion a predictable start to the last major championship of 2009.

"My goal was to not get crushed," Britton conceded, "and make it interesting for a little while."

He did, even breaking Federer's serve in the second and third sets, though he was unable to follow either by winning his own serve in the next game. With his coach from Ole Miss in the stands at Arthur Ashe Stadium, Britton lost three straight games at love after going up 3-1 in the second.

"I was thinking, 'I'm up a break. This is awesome,'" Britton said. "Then it only lasted about 30 seconds."

Glatch was in the same boat, pushing the second-seeded Williams in the first set before losing quickly in the second. One of America's top juniors earlier in the decade, Glatch received a wild card for the U.S. Open, only to find she was playing one of the best Grand Slam players in history.

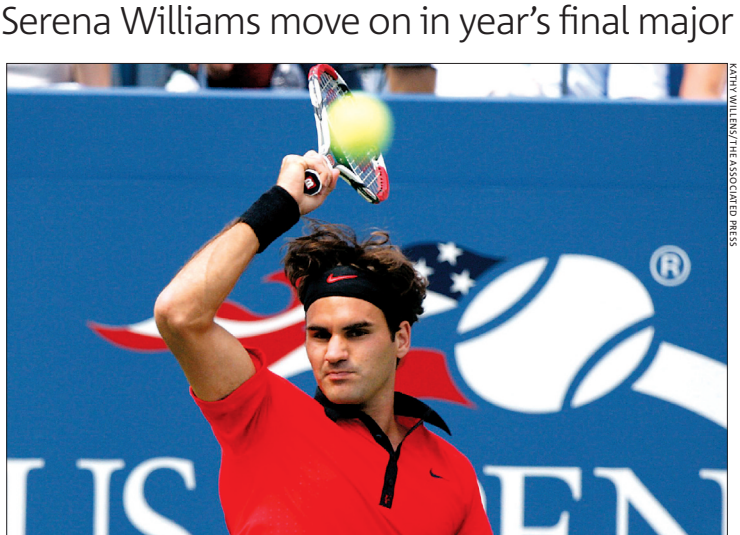
Williams, who has won the Australian Open and Wimbledon this year, is going for her second straight and fourth U.S. Open title.

"You just try not to think about the occasion," Glatch said. "You try to pretend it's any other court and you're playing against any other opponent. But it's very hard to do, especially when it's your first time out there in the biggest stadium there is."

Other winners in the first round included eighth-seeded Victoria Azarenka, 12th-seeded Agnieszka Radwanska, 17th-seeded Amelie Mauresmo and 26th-seeded Francesca Schiavone. Paul-Henri Mathieu, No. 26 on the men's side, was the first seeded player to lose, beaten by Mikhail Youzhny 2-6, 7-5, 6-0, 6-2.

American John Isner won a 16-14 second-set tiebreaker, the highlight of a 6-1, 7-6 (14), 7-6 (5) upset over 28th-seeded Victor Hanescu. Isner has missed a good part of the year with mononucleosis.

"It might have been a blessing in disguise," Isner said. "I've felt fresh ever since I started playing in the States." THE ASSOCIATED PRESS


KATHY WILLENS/THE ASSOCIATED PRESS

Roger Federer returns the ball against Devin Britton yesterday during the first round of the U.S. Open tennis tournament in New York. Federer won the match 6-1, 6-3, 7-5.

Wozniak wins

- Aleksandra Wozniak of Blainville, Que., started the U.S. Open off right with a 6-1, 7-6 (7) victory over Laura Granville.
- Valerie Tetreault of Ste-Jean-sur-Richelieu, Que., wasn't as lucky, dropping 6-3, 4-6, 6-1 to Magdalena Rybarikova of Slovakia.
- On the men's side, Peter Polansky of Thornhill pushed Spain's Guillermo Garcia-Lopez in a 3½-hour match before falling 6-4, 6-4, 5-7, 3-6, 6-1.

Sports in brief

TRACK Usain Bolt has confirmed that he will run the 200 metres at the IAAF World Athletics Final next month in Greece, the international athletics federation said yesterday. The Jamaican sprinter shattered world records in the 100 and 200 metres at the world championships earlier this month. **GOLF** Jack Nicklaus has a tee time again at the Masters. Augusta National announced yesterday that Nicklaus will join Arnold Palmer to hit the ceremonial tee shot at next year's tournament. Nicklaus will become the eighth honorary starter. The tradition began at the Masters in 1963, when Nicklaus won his first green jacket. **COURT** Lawyers for retired NBA star Jayson Williams say his convictions related to a fatal shooting should be thrown out because of prosecutorial misconduct. In 2007, the Hunterdon County Prosecutors Office disclosed that an investigator used a racial slur in reference to Williams in 2002. Williams' lawyers argued in court yesterday the failure to disclose the remark before the trial constitute misconduct. **NFL** Rookie coach Todd Haley fired Chan Gailey as the Kansas City Chiefs' offensive co-ordinator yesterday and assumed the role himself, 13 days ahead of the season opener at Baltimore. **FEDOROV** A Michigan judge says former Detroit Red Wings star Sergei Fedorov is entitled to $60 million US from a man accused of failing to meet a loan obligation to the hockey player. Fedorov says Joseph Zada of Grosse Pointe Shores swindled him out of $43 million during the past 11 years. He allegedly promised to repay the former player $60 million by April 20. **BASEBALL** The Kansas City Royals have extended general manager Dayton Moore's contract through 2014. Despite one of the team's most disappointing seasons in years, Royals owner David Glass said two weeks ago that Moore and manager Trey Hillman would remain. Glass kept his word yesterday. Terms were not disclosed. METRO NEWS SERVICES

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Magpies sit at the top of the table
Danny Guthrie fired Newcastle to the top of England's League Championship with the only goal in a 1-0 victory over Leicester yesterday. The day's other game in the Championship between Peterborough and Crystal Palace ended 1-1. THE ASSOCIATED PRESS

Felicien rebounds from worlds, takes silver at British Grand Prix

TRACK Canadian hurdler Perdita Felicien is back on the podium after struggling to a last-place finish at the recent world track and field championships.

The native of Pickering captured a silver medal in the 100-metre hurdles at the British Grand Prix yesterday in a time of 12.95 seconds. World champion Brigitte Foster-Hylton of Jamaica won gold in 12.88 while American Virginia Powell was third in 13.21.

Felicien, a former world gold and silver medallist, clipped several hurdles in limping to a last-place finish in 15.53 seconds at the world championships in Berlin on Aug. 19.

She said after the race that her calves cramped up and she was in distress while setting up her blocks. She tried to walk it off, but her legs wouldn't loosen up. Priscilla Lopes-Schliep of Whitby went on to finish second to Foster-Hylton and take home the silver.

Meanwhile, Tyson Gay won his first race since a second-place finish at the world championships and then said he would be having surgery at the end of the season to cure a lingering groin injury.

Gay clocked 10.15 seconds running into a headwind, finishing well ahead of Kim Collins and Marc Burns in his first race since he was beaten by Usain Bolt's blistering performance in Berlin where the Jamaican set a world record of 9.58 on Aug. 16.

"I'm looking forward to Brussels (Friday), maybe one more race and then we're going to get surgery," the American said.

"I felt great with my second-place finish (in Berlin). I ran a great time, just wasn't fast enough."

THE ASSOCIATED PRESS

Results

- In other Canadian results yesterday, Nathan Brannen of Cambridge was fifth in the 1,500 metres while Megan Metcalfe of Edmonton was seventh in the 3,000 metres.

T.O. returns to practice in Buffalo

NFL With Terrell Owens' sore toe finally healed, his next step is seeing whether he can boost a Bills offence that's been limping through the pre-season.

Just don't expect him back for Buffalo's exhibition finale against Detroit Thursday.

After missing three weeks with a sprained toe, Owens returned to practice yesterday and declared he will be ready to play in two weeks for the regular-season opener against New England.

"We're going to be smart about it," Owens said. "We've got the big opener to the season against the Patriots, so that's where my focus is right now."

Coach Dick Jauron also said there's "not a good chance" Owens will play Thursday.

In other injury news, middle linebacker Paul Posluszny missed practice after hurting his jaw in a 17-0 loss at Pittsburgh last weekend. Defensive end Aaron Schobel (left elbow) and running back Fred Jackson (sprained left wrist) returned to practice yesterday.

THE ASSOCIATED PRESS

Every point matters for TFC

Reds feel pressure of playoff push after losing ground in spite of draw

In most instances, getting a point away from home would be considered a good result for Toronto FC.

But a 0-0 draw in Seattle last Saturday, plus wins by five of the teams TFC is battling for a playoff spot, saw the Reds drop to 11th place overall in Major League Soccer.

It's tight to be sure — the seven teams chasing the final four spots are separated by only three points.

But that only serves to underscore the importance of each of TFC's final seven games, beginning with the first of a home-and-home set in Colorado Saturday night.

"To get a point out of there is a good result," striker Chad Barrett said yesterday of Saturday's tie. "But it's not a good result right now.

"We need wins."

Eight teams make the playoffs: The top two from each conference and the next four with the highest point totals across the league.

Barrett, Dwayne De Rosario and Sam Cronin couldn't convert great scoring chances and Amado Guevara hit the crossbar all in a first half dominated by Toronto.

TFC goalkeeper Stefan Frei preserved the much-needed point with a superb save off Osvaldo Alonso in close in second-half injury time.

Although the tie in Seattle was "very frustrating," De Rosario said he was "very pleased" with how his young team responded to the pressure of the situation.

"We need to have that same type of competitiveness every game to make the playoffs," said De Rosario, who has won four MLS Cups and made it to the post-season in all eight years in the league.

A couple weeks ago, head coach Chris Cummins predicted TFC, which finished dead last in the Eastern Conference in each of its first two seasons, would need 12 points from its final nine games to make its first trip to the playoffs.

Since then, the team has been held goalless, losing 2-0 in California against Chivas USA and playing the Sounders to a 0-0 tie in Seattle.

Things aren't about to get easier. Four of the final seven games are on the road, where TFC has struggled, and all but two of the opponents are ahead of them in the standings.

But Cummins called Saturday's first clean sheet away from home this season "something to build on."

"We're still in amongst it," Cummins said of the playoff race.

Midfielder Carl Robinson, who was suspended for the Seattle game after picking up his fifth yellow card of the season against Chivas, said despite Saturday's slip in the standings, TFC still controls its playoff destiny.

"It's still in our own hands," Robinson said. "We've got to concentrate on our own performances."

TORSTAR NEWS SERVICE

Blue Jays **Lind brushed back**

BRANDON WADE/THE ASSOCIATED PRESS

Toronto designated hitter Adam Lind backs away from a high pitch thrown by Texas Rangers starter Derek Holland last night in Arlington, Texas. For a complete Blue Jays game recap, visit metronews.ca/sports

Canada unveils World Cup roster

BASEBALL Brett Lawrie and Adam Loewen highlight the Canada men's roster for the IBAF Baseball World Cup.

Baseball Canada announced the 24-man roster yesterday, which will be managed by Canadian Baseball Hall of Famer Ernie Whitt. One roster spot is still pending.

Second baseman Lawrie of Langley, B.C., the highest-drafted Canadian position player taken 16th overall by the Milwaukee Brewers in 2008, and former major league pitcher turned outfielder Loewen of Surrey, B.C., played with the team at the World Baseball Classic in March.

Canada starts the World Cup in Pool C Sept. 9 in Stockholm, Sweden.

THE CANADIAN PRESS

Sports in brief

NFL Vikings quarterback Brett Favre says he might have a cracked rib. Favre told ESPN before last night's game at Houston that he hasn't received an official diagnosis but that taking a deep breath caused him some discomfort. Favre went on to complete 13 of 18 pass attempts for a total of 142 yards and a touchdown while playing through the first half.

BASEBALL The New York Yankees have acquired minor league outfielder Freddy Guzman from the Baltimore Orioles. In exchange for Guzman the Orioles will receive a player to be named or cash.

METRO NEWS SERVICES

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Bonderman gets another shot
The Detroit Tigers plan to recall right-hander Jeremy Bonderman from an injury rehab assignment today. The pitcher missed half of last season after undergoing surgery to correct a blood clot in his right shoulder and lasted just four innings of his only start this summer, a June loss at the Chicago White Sox. THE ASSOCIATED PRESS

New helmet required in minors next year

Bulkier gear might be slow to catch on in major leagues

David Wright has been reduced to a spectator since a beanball sent him to hospital two weeks ago. The New York Mets slugger hopes to return to the lineup today and isn't taking any chances.

He's planning to wear Rawlings' bulky, new S100 batting helmet if it arrives in time for the game at Coors Field.

"I imagine they got some pretty smart people that designed them so I'm sure it works pretty good," the all-star third baseman said. "If it provides more safety, then I'm all for it."

The helmet has drawn some barbs. Chicago Cubs pitcher Ryan Dempster wore it and the Canadian said it felt like "my own bobblehead day."

No matter, Minor League Baseball and the St. Louis-based company announced yesterday it will be required in the minors beginning next season. Six S100 helmets are being sent to each major league team for its players to try out for the rest of this year.

The thicker protection features a composite insert and an expanded liner made of Polypropylene, a hard, supportive material also used in some industrial and bicycle helmets. It faced extensive testing over the last two years that included an air cannon firing major league baseballs to ensure it would hold up.

"We're confident that it will withstand a pitch up to 100 m.p.h.," said Mike Thompson, Rawlings senior vice-president for sports marketing and business development.

Several major league players could have used that extra protection in August.

Wright was hit by a 94 m.p.h. heater from San Francisco's Matt Cain, and Reds third baseman Scott Rolen also landed on the DL with a concussion. Blue Jays shortstop Marco Scutaro returned to the lineup Sunday for the first time since he was hit in the head by a pitch from Red Sox right-hander Josh Beckett Friday night.

Rangers second baseman Ian Kinsler was lucky. He was upset but OK after a fastball from Boston reliever Fernando Cabrera bounced off his shoulder and struck him in the batting helmet.

"It's one of those things that happens," Rolen said. "Nobody's out there trying to throw at guys' heads — that's the idea. We'll go out there and compete. I mean, we drive home every day, too, and that's not real safe."

There also was a scary play in July, when Padres infielder Edgar Gonzalez was hit in the head by Colorado's Jason Hammel. The impact was so severe that Gonzalez thought the pitch didn't hit his helmet and said he "felt my brain move backward."

Even with the inherent danger on the field, Rawlings' heavier helmet could be slow to catch on. Major leaguers are very attached to their equipment, preferring a specific weight and feel for everything they use so they're certain of their balance at the plate and on defence.

"I understand the need for it, and Rawlings is coming out trying to make the product, and I have an appreciation for that as well," Rolen said. "It will filter through, and we'll see if it works. Everybody has their own thing and their own way of going about things."

THE ASSOCIATED PRESS

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Learning Curve is a monthly feature that focuses on education and student life.
Next month's issue comes out on Oct. 6.

Learning Curve

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Schools focusing on safety

RAFAEL BRUSILOW
for Metro Canada

Good security is crucial to a safe campus and requires a combination of traditional and technological approaches to make places of study safe for students.

At the University of British Columbia, the growing excitement of the upcoming 2010 Olympic Winter Games has also seen an increase in security preparation through good old-fashioned boots on the ground. UBC has boosted staffing levels to about 100 security staff and created a zone-patrolling model where each area of the campus is patrolled on foot simultaneously, 24 hours per day, seven days a week.

UBC campus security director Tony Mahon says his team is always collecting and analyzing statistics on movements of people throughout the school and making changes on-the-fly.

"We do an awful lot of statistical analysis so that we are ready to strategically deploy people in the right place at the right time," Mahon said.

"We want our students to be our partners and we rely on them as partners in making campus safe."
Gary Jeynes

It certainly can't hurt that the RCMP has kept a 17-person detachment directly on campus for many years at UBC. Still, despite the strong in-person presence of security staff on campus, the school hasn't eschewed the power of technology, operating a digital emergency response system that sends important alerts instantly to students through text and voice messaging and even through instant messaging.

At Humber College, technology is at the forefront of security with a digital closed-circuit television monitoring system, including more than 200 cameras across campus, including within residences. Combined with regular foot patrols, the camera system means campus security can monitor suspicious activities instantly and be on-site in less than a minute — not bad for a campus that spans more than one million square feet.

Most importantly, Gary Jeynes, director of Public Safety at Humber College, says students themselves are a crucial part of the safety picture.

"We want our students to be our partners and we rely on them as partners in making campus safe. I always say we have 18,000 pairs of eyes on campus," Jeynes said.

The school also has about 100 large emergency phone stations dotted throughout campus equipped with cameras and an intercom system that can pick up sounds clearly from up to 50 feet away, letting security staff hear exactly what's happening during an emergency, even if they can't see it directly.

Jeynes says most students entering higher education these days are much more knowledgeable about personal safety than previous generations, so Humber gears safety orientations more towards educating students about how to make the most of campus security services.

"The kids coming through from high school are pretty street smart. They're very bright people and my view is very few of them do things wrong — they might just not know how to access important resources," Jeynes said.

THOMAS BARWICK/DIGITAL VISION

At the University of British Columbia, there's a digital emergency response system that sends important campus security alerts to students through text and voice messaging, as well as through instant messaging.

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Ryerson ups funding to hire more students

RAFAEL BRUSILOW
for Metro Canada

With the economy still limping along, Ryerson University is giving struggling students an economic bailout of their own.

Alongside an investment of $2 million for scholarships, awards and new students bursaries, the university is investing $1.8 million to hire more students as teaching assistants and boosting funding to $2.7 million from $2.4 million for its work study program to allow more students to be hired as research assistants and for part-time jobs.

Ryerson president Sheldon Levy said the most important thing about making more money available to students was ensuring that no one who got into Ryerson for the coming academic year would feel compelled to drop out because of financial reasons.

"Universities generally have the responsibility to ensure that it's the quality of mind and not the size of the pocketbook that gains admission. We don't want any student to not attend because of pocketbook reasons," Levy said.

"We don't want any student to not attend because of pocketbook reasons."
Sheldon Levy, Ryerson U president

Levy says the influx of cash is not intended to draw more students to the school but rather to make it possible for current students to follow through with their education — the school had 70,000 applications for just 5,000 first-year spaces this year alone.

"This is not a recruitment device; I don't want anyone to think that. This is to ensure students have a maximum chance of being successful at university and have the financial means to be here," Levy said.

Adding to the investment by Ryerson is a $1-million gift by the Birchall Family Foundation to create the William and Catharina Birchall Bursaries program, giving out 75 bursaries between $2,500 and $5,000 each to students attending Ryerson this year. The gift represents one of the largest expendable gifts ever given to the school.

Catharina Birchall says she set her heart on creating the bursary gift when she heard from her own daughter, a Ryerson student, how many of her classmates were considering taking on multiple jobs alongside their studies or even dropping out because of financial pressures.

"These students should really be focusing on their future. Education is necessary to participate in our society and it shouldn't just be for high achievers. Right now in this economic situation we need to encourage kids to get an education that can help them get a job," Birchall said.

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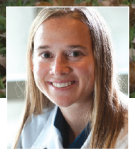

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'It's a dream come true', Durham student says

There's nothing like getting a second chance. Just ask Dawn Hamilton.

The 38-year-old Uxbridge woman graduated from college in 1997 with a diploma in business administration that included a major in environmental waste management, an area she had hoped to make her career.

She was able to get a job — a good job. Unfortunately, it wasn't related to her field of interest.

But soon — if all goes according to plan — she will be fulfilling her initial career aspirations, thanks to the provincially funded Second Career program (secondcareerontario.com).

The program helps workers who have been recently laid off return to school for upgrading and retraining.

"It feels great. I'm getting a second crack at something I really wanted to do," says Hamilton, who is studying to be a water quality technician at Durham College in Oshawa. "It's a dream come true."

She explains she attempted to establish a career related to her studies when she graduated more than a decade ago, but opportunities were few and far between. After a lengthy but fruitless search, she took a job as a manager at Bombardier.

She was there for six years before being laid off in 2002. She started a home-based daycare business, but never lost sight of her initial objective.

"I was always thinking about getting back to my original plan, but it's not as easy as you think," she says. "The biggest problem was that my (post-secondary) education was obsolete.

"I just couldn't get (a job) anywhere. A lot can change in 10 years and I just didn't have the new requirements."

PAUL IRISH/TORSTAR NEWS SERVICE

Dawn Hamilton is training to become a water quality technician at Durham College.

After she closed her daycare business in 2007, she began working for a collection agency. But shortly after she started, she was laid off.

"I was at my wit's end ... it was hard," says the single mother of three young children. "I didn't know where to turn."

She heard about the Second Career program and instantly thought: "This is for me."

Sue Hawkins, Durham College's Second Career adviser, says the program was created by the provincial government to help recently unemployed workers make the transition to new careers in growing areas of the economy. It's available through most Ontario colleges.

With financial assistance from Second Career, Hamilton is enrolled in Durham's water quality technician program, which will qualify her for many positions at a water purifying plant.

As part of the program, she is currently working at the Beaverton water pollution control plant as an operator in training.

"It's a great job. I love it," says Hamilton. "It would be great to work out of here." TORSTAR NEWS SERVICE

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Schools prep for H1N1 flu

As students stock up on school supplies and get ready to hit the books this fall, post-secondary institutions are making preparations of their own, fine-tuning their action plans in the event that H1N1 flu cases surface on campus.

The Public Health Agency of Canada says that under the Canadian Pandemic Influenza Plan, all large institutions — including colleges and universities — are encouraged to have pandemic preparedness plans.

But when it comes to emergency planning, universities are hardly starting from scratch. In fact, many are tailoring existing strategies to address a potential flu outbreak and the possible ripple effects that could have an impact on school life.

Both Montreal's McGill University and Simon Fraser University in British Columbia had much of their planning done to address another strain of flu — H5N1, or avian flu.

Dr. Pierre-Paul Tellier, director of student health services at McGill, said the university has been much more active since the H1N1 epidemic was observed in Mexico this past spring and later declared a pandemic.

> **"If you're able to prepare a lot of this ahead of time prior to an episode occurring ... then it makes it easier."**
> Dr. Pierre-Paul Tellier of McGill University

Tellier said there are weekly planning meetings involving individuals representing various groups including human resources, student representatives and communications staff.

They are preparing documents to go out to students arriving in residence telling them what to do if there is an issue surrounding H1N1, how to take care of themselves and where to seek care. In addition, a website is being developed to provide information to students, parents and staff.

"The worst part of any of these health crises is not the disease itself," said Tellier. "It's really dealing with the population around who become very anxious and very stressed and that you have to ... constantly clear up issues and matters on an ongoing basis, and that's where a lot of your energy is spent.

"If you're able to prepare a lot of this ahead of time prior to an episode occurring ... then it makes it easier."

Part of the contingency planning also addresses what to do if faculty or staff are out of commission. Every unit is being asked to identify essential services and key individuals and to ensure they have trained backups for their positions, Tellier said. Professors are also being encouraged to record lectures or organize material for students to access if they can't attend class, he said.

Apollonia Cifarelli, director of environmental health and safety at Simon Fraser University, said educating people on infection control has been their primary focus.

In addition to spreading the word about sneezing etiquette and proper hygiene techniques, they are encouraging faculty to do the same by providing information to students and making them aware of health services on campus.

Students in residence are being provided with personal containers of gel or sanitizer to further drive home the message about hygiene. Dorm leaders or community advisers would act as the eyes and ears of the floor and as a link to administration, providing updates if necessary if students get sick.

An area has been identified where those living on campus would be relocated if they fall ill. Cifarelli said it isn't a quarantine, but rather an area where they can keep an eye on students and provide essential support.

"People are infectious two days before they show symptoms, so quarantining people is really not going to do a heck of a lot," she said from Burnaby, B.C.

Medical care would fall to health services, but if symptoms are more severe, it might be recommended that students be transferred to a hospital, she said.

People are infectious two days before they show any symptoms, so quarantining them isn't very productive, experts say.

The university also has a mass communication system in place to send out messages by phone, email or text if necessary, although it is only put in use in the face of an imminent emergency, Cifarelli said.

"We are reminding people this is really, in essence, this is the flu — it's the seasonal flu," she added. "The main difference is that we have no vaccine for this flu at this point in time, and we do know that because younger people have not had a lot of time to develop immunities to viruses they might be more vulnerable."

Gloria Jollymore, vice-president of university advancement at Mount Allison University in Sackville, N.B., said the school has protocols in place to respond not just to an H1N1 outbreak but to any sort of crisis that may hit campus.

Two years ago, those protocols were put to the test during an outbreak of Norwalk virus. Classes were cancelled, as were sporting and social activities, but Jollymore said the virus was contained and the school was up and running again quickly.

Jollymore said the university wouldn't rule out similar measures in the future but would take any of those decisions in consultation with local public health authorities. THE CANADIAN PRESS

Seneca launches Green Business Management program

Victor Ononye is an engineer by training. The environment is his passion.

"From being an engineer, I see that you can't put a price on safety," he says. "It's the same with the environment. You can't put a price on the way we're taking resources. For the benefit of our kids, we need to protect it."

Ononye will be one of 25 students starting the new Green Business Management program at Seneca College this month.

The eight-month program will teach the skills needed to assess and develop corporate environmental and sustainability strategies. It will also provide students with the leadership skills to educate and inspire their colleagues on how green business practices improve competitiveness, productivity and profits.

"It's no longer, 'That office down the hall that handles the green stuff.' It's moved beyond that," says Chris Dudley, chair of Seneca's school of business management. "It's being integrated into all areas of business and it has to be to be effective."

The course is aimed at recent graduates and professionals who want to become experts in how to help companies adapt to a low-carbon economy. It will prepare them for a range of careers, such as sustainability officers, strategists, managers, analysts and environmental auditors.

"The jobs our graduates will be going after are not the so-called green-collar jobs. They're white-collar jobs with green pinstriping," Dudley says.

This year's class runs the gamut from recent university and college graduates to international students and business professionals, he says.

As part of the eco-productivity course, students will go into a local company and assess its current environmental practices. Then they will develop a comprehensive plan that includes recommendations and implementation strategies to reduce the firm's ecological footprint.

At the end of the course they will present their plan to the instructor for grading, but also to the company's executives.

That practical focus is what drew Hosep Avakian to register. With degrees in political science and environmental studies from McMaster University, Avakian says he's now eager to learn more about the nuts and bolts of a corporate environmental strategy.

"In university, we looked at the big picture of what was going on," he says. "But I know that, at college, it's more hands-on learning."

A limit on the number of students will help preserve the hands-on approach, Dudley says. The course will likely be limited to 25 students this year, and about 35 next year.

Program the first of its kind

- Seneca's green business management program is the first of its kind in the GTA.
- Students must have a degree or three-year diploma, or mature student status with at least three years of related work experience.
- Courses include eco-productivity in the workplace, sustainable business plans, corporate social responsibility and business ethics.
- The program teaches skills to help companies move to a low-carbon economy.

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Your safety is 'up to you'

RICHARD WOODBURY
for Metro Canada

DIGITAL VISION PHOTO

Most schools have safe walk programs, counselling services and emergency phones to keep their students safe on campus.

The key to staying safe on campus revolves around using common sense and taking responsibility for one's own actions.

"It's now up to you," says Chris Goss, the operations manager of the University of Waterloo Police Service.

Goss says there are supports available at the university and he encourages students to use them, but ultimately it comes down to personal responsibility.

At campuses across the country, schools focus on educating first-year students about what they should and shouldn't be doing to remain safe on campus. Most schools also have things like safe walk programs, counselling services and emergency phones in place to make the campus a safer place.

Goss says it's important students be aware of the resources available before they need them. He also recommends students get to know their campuses and find out where things are located.

The biggest safety issue at Canadian universities is theft, says Bill Mowbray, the director of campus security services at the University of Alberta in Edmonton.

He says students should never leave behind their personal possessions, even if it's just for a minute. Mowbray also recommends that bike riders get proper locks for their bikes and not just use a chain lock. For students in residence, he recommends locking the door if they leave their rooms.

Mowbray's advice is simple when it comes to preventing theft: "Lock it up or take it with you."

The newfound freedom of being away from home for the first time, along with the stress that can come with it means some students turn to alcohol.

"Drinking to excess brings with it its own issues," says Mowbray, such as loss of property and physical and sexual assaults.

"Don't drink to excess," he cautions. "Have a good time. Have a couple drinks with your friends, but always be aware of what's around you."

Although university campuses are safe, people must not get complacent, says Mowbray.

"University campuses are the safest parts of our city," he says. Historically, they have been that way. People get lulled into that false sense that it's always that way."

If something is wrong, students must talk to somebody, says Gayle Churchill, the director of student life at Mount Allison University in Sackville, N.B.

"That's the big thing," she says. "To take that step to talk to somebody, whatever it might be."

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Seneca animation grads 'rocked' on film

RAFAEL BRUSILOW
for Metro Canada

It's not often in a fledgling career as an animator that you get to work with an Oscar-winning master of your chosen art.

Yet for 15 Seneca College graduates, that dream became a reality last summer when they were tapped to work on Chris Landreth's newest animated film, The Spine.

Landreth, who won an Academy Award in 2004 for his moody, surrealist short animated film Ryan, says the 15 Seneca animators — recent graduates from the school's animation program — who worked for the production of The Spine did work he's extremely happy with.

"These students were on a professional schedule that was intended for professional people, and they finished ahead of schedule. (The characters in The Spine) were incredibly complex, expressive characters and these students worked very hard. They rocked, basically," Landreth said.

> **"These were, as it turned out, the best people I could have found to do the job."** Chris Landreth

The film, produced by the National Film Board of Canada, Cooperheart Animation and C.O.R.E. Digital Pictures, has already won the Best of the Festival award at the Melbourne International Animation Festival and looks primed for further success on the festival circuit.

For animator and Seneca graduate Andrew Gregoire, 26, getting to work with Landreth closely through the creative process was an incredible experience.

"To have that kind of opportunity was amazing. It's a once-in-a-lifetime chance and you want to put your best into it," Gregoire said. "The wealth of knowledge Chris was able to impart on us as animators and those observational skills we learned — that was amazing."

NATIONAL FILM BOARD OF CANADA PHOTOS

The Spine has already won the Best of the Festival award at the Melbourne International Animation Festival.

A scene from The Spine, directed by Oscar winner Chris Landreth.

Dianna Basso, 27, found the best part of working with Landreth was how supportive he was of the animators. Working on the The Spine has taken her to a new level creatively.

"The experience totally propelled me. (Chris) gives you a lot of creative freedom so he was really inspiring to work with. We were all saying how lucky we were," Basso said.

Landreth, however, sees no luck in the equation at all, saying the quality of work the former students did spoke for them when it came time to find animators to make his vision come to life.

"My agenda as a filmmaker is to get a film done however it can be done to get the best piece of art I can do," Landreth said. "These were, as it turned out, the best people I could have found to do the job. They were so prolific and so creative."

Landreth says the students weren't looking for an intellectual handout and instead worked exceptionally well, finishing production ahead of schedule and achieving his vision for the film.

"It was a very professional relationship," Landreth said.

"It wasn't really an environment where anyone, myself included, was a teacher. I didn't set out to mentor students — they were very interested in being professionals."

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Learning Curve is a monthly feature that focuses on education and student life. Next month's issue comes out on Oct. 6.

Calling all screenwriters

You can make a good living as a film and television writer right here in Toronto, says industry veteran Kyle Muir.

Centennial College is offering evening courses that will guide aspiring television and film writers.

But success requires more than just talent, according to Muir, 32. Would-be writers need to have as much savvy about the business side of the game, and about marketing their ideas, as they do about creating an engaging script.

"It's a small industry (in Toronto), not nearly as big as Hollywood. And it's not easy when you're first starting out. But with the right network and the right body of work, it is possible," he says.

Muir will begin teaching a series of evening courses at Centennial College this month that will guide aspiring writers through the labyrinth. Four courses over two semesters will earn them a certificate in screenwriting for film or television.

"It's not just going to be theory," Muir promises. "There's going to be a lot of writing, a lot of hands on."

By the end of the program, he says students will not only have a wide body of work to show for their efforts, they will also walk away with a firm grasp on how to sell their scripts.

"It's who you know. It's knowing the industry and actively going out to industry parties and hustling, talking to people, talking to other writers — what are the jobs out there?" Muir says.

Students will meet industry insiders. Guest lecturers will include Corner Gas head writer Kevin White, Billable Hours screenwriters Adam Till and (Gemini-nominated) Max Reid.

A professional writer needs a literary agent because once a writer is hired, negotiating contracts can be a complicated business, Muir says. He will discuss how to get a reputable agent, how to talk to them, as well as inviting a number of agents into the classroom.

Muir says when he sat down to design the program, he worked hard to distill what he'd learned during his decade-long career to eliminate any padding or filler.

"Screenwriting is such a technical form of writing, so you obviously have to learn it. It takes an awful lot of work to figure out how to write the different formats."

For example, he says television has one writing format for a half-hour series, another for an hour-long series and yet another for 15-minute webisodes. Writing for movies demands a whole different form.

Muir opted to split the program's writing courses so students could choose between film and TV. To earn a diploma, students will complete four courses over 144 hours: One course in the business of screenwriting, one in the art of pitching and two scriptwriting courses in either film or television.

The business course includes preparation for self-employment. Like any start-up business, students have to set goals, Muir says. This course asks them to prepare a five-year business plan.

"If it's not working out in that time, then think about doing something else," he advises.

Muir has amassed about two-dozen writing credits. Born in Winnipeg, he graduated from Norman Jewison's Canadian Film Centre in Toronto. He's working on a TV animation comedy series called Producing Parker, starring Kim Cattrall, and has written for Showcase's Billable Hours series.

"I've got seven other projects in various stages of development," he says. "Not long ago, I was in Los Angeles pitching to HBO, Showtime, Fox."

Among other projects, his idea for a half-hour comedy series called The Administrator has been making the rounds in Canada and the U.S. for more than a year, but hasn't snagged a buyer yet.

"You have to have patience. That's why it's important to have more than just one thing on the go," he says.

"Sometimes you get so far (with a script) and nothing comes of it. And sometimes things go on for years and (suddenly) you have to wipe the dust off it because somebody wants to make it."

The 14-week scriptwriting courses start Sept. 8 for film and Sept. 10 for television. Tuition is $320 per course. For more information, go to centennialcollege.ca/media.

TORSTAR NEWS SERVICE

"It's not easy when you're first starting out. But with the right network and the right body of work, it is possible."
Kyle Muir, film and TV industry veteran

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York launches science, technology program

EVA LAM
for Metro Canada

Cathy Barrett may not have grown up in the web age, but that hasn't stopped her from embracing it.

"Even though I'm a child of the '60s and '70s, the Internet and the sort of 'instant access to data' — I'm in nirvana when I've got that," says Barrett, 50, who has worked as a medical secretary and in information technology.

Not surprisingly then, the everyday impact of science and technology is a subject that has long piqued her interest. "I never actually wanted to pursue science as a scientist," she says. "I was always interested more in the ideas of science and how it affects us as a society."

Barrett will have the chance to explore those notions further in York University's new Science and Technology Studies (STS) graduate program, which launches this fall.

The program, the first of its kind in Canada, is for "anyone who is interested in understanding science's place in the modern world," says Bernard Lightman, the program's founder and director. "They would come (to York) and use the history, philosophy and social studies of science to understand that."

York's new Science and Technology Studies graduate program, which launches this fall, is the first of its kind in Canada.

It is only in the past two decades that STS has developed as a field of study around the world, says Lightman. Its broad interdisciplinary approach is a departure from past academia, which focused primarily on the history and philosophy of science.

York's STS graduate program, which is starting with an enrolment of about 16 students this year, will examine four areas of science and technology: Bioscience and biotechnologies, human-machine interactions, public science, and physical systems.

Areas of study will range from such timely topics as epidemics to futuristic elements including cyborgs and mind-controlled devices.

Incoming master's student Amy Teitel already has her sights set on a particular subject.

"I'm actually looking at the history of human-machine relationships in space flight, so I'm focusing on the early '60s," says Teitel, 24, who comes to the program with an undergraduate degree in combined classics and history of science and technology. "That stream (human-machine interactions) specifically was what drew me to York."

Graduates are projected to work in such areas as government policy-making, education, science journalism, and media, where they will help shed light on the role and consequences of science and technology in daily life, says Lightman.

"I think we're all so used to the pervasive influence of science that we sometimes don't even notice it — same thing with technology," he says.

"So our program is really designed to take things that are sometimes invisible to us, sometimes things that we take for granted and accepted assumptions about the world, and try to understand how they came to be accepted."

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Interest in community relations sparked career

Name: Gary Jeynes
Years of experience: 35 (30 at Humber)
Occupation: Director of Public Safety, Humber College

Industry411
education@metronews.ca

Q How did you get started in your industry?

A I pursued a career in public safety because I have a strong personal interest in community relations and serving others. Prior to arriving at Humber 30 years ago, I worked for Massey Ferguson and Canada Post in their safety and security departments, where I learned and developed the skills and approach necessary to oversee a successful public safety department.

Q Describe the ideal qualities a person should have to succeed in your industry?

A The primary role of Humber's public safety department is to ensure a safe campus environment for students, staff, faculty and visitors.

We achieve our goal because our team has excellent communication skills, is able to relate to a diverse population and has the ability to react to a wide variety of situations on a moment's notice. Being decisive and empathetic is critical, as all decisions are made in the best interest of the people we serve. Due to the fast-paced nature and unpredictability of the work, it is also important to be organized, flexible and a good multi-tasker.

Developing relationships with community leaders and local police services is also important. As past chair of Toronto Crime Stoppers, I have maintained close ties with Toronto Police Service, with whom Humber has a strong working relationship.

Q What kind of background, either educational or other, best suits someone starting out in your industry?

A Training in justice studies or security-related courses is vital. Many people working in public safety have earned a diploma or degree in a related field. Public safety professionals must also possess broader knowledge of the managerial and organizational components of public service. They must also have a deeper understanding of how domestic and worldwide issues impact organizations both internally and from the public's perspective.

Additional education, such as risk assessment training and conflict management, will also benefit someone starting out in this industry.

Q What do you like most about your job?

A I like that every day is different and that there is never a dull moment. The industry is constantly changing and I have ongoing opportunities to learn about new equipment or security methods. Interacting with and serving students on a daily basis is also a high point of my job. At Humber, working with staff and students means we have 20,000 pairs of eyes on campus every day. If anyone sees and reports a potential incident, the Department of Public Safety can act on it.

Gary Jeynes

Q What are some of the most challenging aspects of your industry?

A While it's easy to stay current with new technology, the hard part is effectively implementing new systems while maintaining best practices and seamless public safety services. Humber has introduced new and improved many public safety measures including: State-of-the-art digital fire alarm and public address systems, a closed-circuit television system, and emergency phones with direct communication to security staff, among many other features, programs and equipment.

To read the full version of Industry 411 with Gary Jeynes, visit: metronews.ca

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Workology

Enrolment boom at Sault College

As of last week, there are 1,248 first-year students registered at Sault College, up 36 per cent from the same time last year. Overall enrollment is expected to increase 26 per cent for the fall term. The enrollment boom is being attributed to the economy, which has led many adults to return to the classroom. The college is reporting that some 120 students are registering through Ontario's Second Career Program. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Lie, break promises — just as long as you pay

JON TATTRIE
for Metro Canada

Employers keeping or breaking promises made to employees has little to do with job satisfaction, according to a new study from the University of Toronto that challenges decades of research.

"Basically, it's 'Show me the money,'" says Samantha Montes, who co-authored the report with Rotman School of Management colleague David Zweig for the Journal of Applied Psychology.

Previous research suggested what made for happy staff was when clear promises were made by employers and then delivered.

But Montes and Zweig found keeping the "psychological contract" had little effect on an employee's feelings for the organization.

"The findings overall suggest that promises don't matter as much as we think they do, which is somewhat controversial," says Montes. She thinks that's not due to recent changes in the job market, but that "previous information was misleading."

"I studied the concept of broken promises, and I studied it differently," she says. Previously, breach of promise was seen as a gap between what employees think they are promised and what they get.

"Unfortunately, what they've done in almost all of the previous research is ask people, 'To what extent has your organization filled all of your promises?'"

That mixes promised inducements and delivered inducements, she says. The new research untangles the two issues.

"My findings show promises don't really come into peoples' minds. All they seem to care about is whether they are getting the pay they want to be getting," she says.

"It's not even as though people are saying, 'How does what I get compare to what I expected to get?' All I saw was that it came down to whatever the employee referred to as the bottom line: Is this the amount of skill-development I want? Is this the pay that I want? Is this the amount of support I want? If it was, they were happy. If it wasn't, then regardless of their expectations and promises, they weren't going to be happy."

This can lead to perplexed bosses, who are carefully delivering on promises, but not getting happy workers.

"Even if you meet employee expectations, even if you fulfill the promises you make to employees, if the level of benefits is low — lower compensation, lower development opportunities, lower support — you're not going to have happy, satisfied, committed employees," she says.

"It's important that organizations divert any resources they were spending on managing expectations and managing promises into actually providing these opportunities and benefits that employees actually want."

Workplace satisfaction

"Even if you meet employee expectations, even if you fulfill the promises you make to employees, if the level of benefits is low, you're not going to have happy, satisfied, committed employees."
U of T's Samantha Montes

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York campus disputes
At least one protest mentioned in the article below disrupted classes and student groups were suspended and fined for their role. It occurred at Vari Hall. METRO NEWS SERVICES

York needs space: Task force

More informal study areas called for to promote open dialogue

York University needs more — and better — student space on campus and should promote open dialogue on contentious issues, says a task force report released this morning.

The 13-member Presidential Task Force on Student Life, Learning and Community and York University today submitted its report to president Mamdouh Shoukri, which he created in March after several incidents on campus where students clashed. One student described the political atmosphere at the school as "toxic."

In particular, last spring York was taken to task for several controversial protests, including shouting matches and protests between pro-Israeli and pro-Palestinian student groups. The task force was asked to "improve the learning atmosphere" and how to best promote discussions on campus.

"We have worked together constructively to create ways to promote genuine and respectful debate on campus," said Patrick Monahan, York's vice-president of academics, who chaired the task force. "We have been able to reach a strong and unanimous consensus on the recommendations, which we believe will encourage a more positive learning environment for students at York."

Shoukri has asked university staff to identify what recommendations could be implemented and will report back to the task force in a month's time. The task force included students and faculty members.

In March, Monahan told Torstar News Services that simply calling security when protests get out of hand isn't the answer.

Informal areas for study and social purposes is one of the highest priorities for York university.

"In my view, calling the police or security forces is the last thing that we should do on a university campus," said Monahan. "If you are having to call security forces, you know right away you haven't done the kind of work at the front end to encourage the type of dialogue and exchange of ideas that we want."

"Controversy and debate is natural and inevitable on a university campus," says the report.

"Indeed, some would maintain that controversy is the lifeblood of an institution of higher learning."

The report says that in the past 10 years, the number of students at the university has increased by more than 50 per cent, but student space — to study or to socialize — has "proportionately decreased."

"This is because many of the spaces that had formerly been available for student use have been converted to academic or program use, in order to accommodate the increase in the overall size of the student body. This has resulted in a severe shortage of appropriate informal study or social space for students on the York campus."

"…The need for more undergraduate and graduate student space for study and social purposes is one of the highest priorities for students on the York campus." TORSTAR NEWS SERVICES

Being (too) friendly with the boss

Top execs hesitant to connect to employees

FACEBOOK Thinking about "friending" your boss on Facebook? You may want to reconsider. According to a recent survey, nearly half of executives are uncomfortable being friended by the employees they manage (48 per cent) or their bosses (47 per cent).

The survey was developed by OfficeTeam, a leading staffing service specializing in the placement of highly skilled administrative professionals.

"The line between personal and professional has grown increasingly blurred as more people use social networking websites for business purposes," said Robert Hosking, executive director of OfficeTeam. "Although not everyone is comfortable using sites like Facebook to connect with professional contacts, it's wise to be prepared for these types of requests."

Hosking advises employees on Facebook to familiarize themselves with privacy settings and create different friend lists to control how — and with whom — information is shared. "Individuals should classify their professional contacts into a 'work' list and limit what personal details this group can view," said Hosking.

Following are some common Facebook situations professionals may encounter and how to handle them:

- You're tagged in an embarrassing photo. Untag yourself and change your privacy settings so photos are viewable only by your close friends.
- You're friended by someone you don't want to connect with. It might be best to accept friend requests from colleagues to avoid slighting them, but add them to a "work" list and adjust your privacy settings so you can effectively separate your job from your personal life.
- You're considering friending your boss. It may seem like a natural extension of amiable office small talk, but think twice before proactively friending your boss. It could become awkward. METRO NEWS SERVICES

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Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Behavioural problems

Aggressive school-age children show early signs: Study

CELIA MILNE
For Metro Canada

September is back-to-school month, and here's some food for thought: If your school-age child is very aggressive and defiant, chances are this behaviour started much earlier.

"These problems did not develop overnight," says Dr. Raymond Baillargeon, assistant professor at the University of Ottawa, who is conducting a long-term study of children's behaviour. "We spend a lot of resources on children who have behavioural problems at school, but it's a bit late. We can see these problems coming way before."

As part of the Quebec Longitudinal Study of Child Development, Baillargeon is following 2,000 children who were born in 1998. He has found that the same problems that are apparent at 17 months are still there at 29 months and 41 months. "It is almost certain these problems are still there at 53 months, when the child is entering school." Troubling behaviours include biting, kicking, attacking, being defiant, being restless, hyperactivity and not feeling guilty after misbehaving — especially if the child exhibits these on a frequent basis. Part of the study is to ask parents if children have certain behaviours either never, sometimes or often.

According to a recent study, about five per cent of school-age boys are physically aggressive, versus only one per cent of girls.

About five per cent of boys are physically aggressive, versus only one per cent of girls, says Baillargeon. Oppositional defiance (where punishment doesn't change behaviour) occurs equally between genders — 10 per cent of girls and boys. "These problems will have a whole range of negative impacts — on the school, and on relationships with parents, with friends and with teachers. It will snowball from there. This behaviour is chronic over time."

These behaviour problems are often brought to light when children are disruptive in the school system, says Baillargeon. That's when they are first diagnosed and treated. But the harbingers arrive much earlier. If your toddler is frequently attacking other children or is out of control, you should get help because otherwise this aggressive behaviour is very likely to continue into school age. "What they are doing before two years has a long-lasting impact on how they act afterward," says Baillargeon. "The steering wheel is moving in one direction or another."

He suggests parents of regularly aggressive or defiant toddlers mention the behaviour to their paediatrician. "With the proper help, these problems can definintely be prevented," says Baillargeon. "We should do whatever is in our means to prevent that from happening when children start school."

Baby goes green

CELIA MILNE
For Metro Canada

Top left clockwise: Live Clean Baby non-petroleum jelly, diaper ointment and tearless shampoo and wash. All $6.99 each.

NEW PRODUCT Looking for baby products that are clean and green? The All-Canadian Live Clean line of eco-friendly beauty products now includes something for the littlest member of your household: your baby.

Live Clean Baby includes tearless baby shampoo, diaper ointment, baby wash and non-petroleum jelly (from $4.99 to $6.99).

Live Clean products are free of chemical nasties sodium lauryl sulphate (SLS), Diethanolamine (DEA) and parabens, which are commonly used in moisturizers and shampoos. They are made from at least 96 per cent plant ingredients.

These baby products are being launched at a time when new parents are hyper alert to the safety of the lotions they use on their wee ones.

Live Clean Baby is available across Canada at many large grocery and drugstore chains, including Loblaws, Wal-Mart and Pharma Plus.

Get a good night's sleep

Tips for good sleep hygiene:

- Avoid vigorous exercise within two hours of bedtime.
- Avoid sleeping in after a night of poor sleep.
- Avoid watching or checking the clock.
- Avoid excessive liquids or heavy evening meals.
- Avoid caffeine, nicotine and alcohol before bed.
- Maintain a quiet, dark and comfortable sleep environment.
- Schedule a wind-down period before bed.

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Noth is the new face of Biotherm

Sex and the City actor Chris Noth has just been announced as the face of a new Biotherm Homme face care line. He is scheduled to appear in ads for the upcoming Force Supreme campaign in 2009 and 2010. METRO NEWS SERVICE

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The best revenge

New TV series helps women get their mojo back

The J Spot
Josey Vogels
metronews.ca/thejspot

PHOTO COURTESY OF SLICE

The J Spot columnist Josey Vogels offers heartbroken women her advice on how to get back into the dating game on Slice network's Re-Vamped series. Catch her in the Oct. 11 episode.

When you get burned by love, revenge often feels like the best, well, revenge.

But, while gathering the contents of your ex's closet into the middle of the kitchen floor and dumping the entire contents of the fridge on them may feel cathartic (yes, a friend of mine actually did this), it's a bit — okay, a lot — childish.

The eight women in Re-Vamped, a new series premiering this Sunday on the SLICE Network, are after a more healthy, satisfying and long-lasting type of revenge — self-empowerment. Oh, and the joy of making your ex crazy when he sees you've learned to become a smokin' burlesque dancer, of course.

Each woman in Re-Vamped has her own relationship horror story: one was dumped on her birthday for her best friend (and cousin); another was rejected by her long-term boyfriend via email while battling cancer. Yet another's 21-year relationship came to a halt when she discovered that her partner was being unfaithful. Ouch.

Re-Vamped premieres Sunday on Slice

Given this, these women are above indulging in a little petty ex-bashing, but the main focus of the six weeks in "Camp ReVamp" is to help these women rebuild their lives, their self-esteem and to get back their dating mojo.

I had the pleasure of helping these women with that last bit as a guest expert on episode six in which I coach the women through a speed-dating event and help them polish up their rusty dating skills. Nothing like eight mini-dates during the course of an hour under the watchful eye of me, the camera and entire film crew to whip you back into dating shape.

The series ends with the women putting on a burlesque show for friends and family and, yes, even some exes. Hey, what good is all that work if you can't rub it in his face a little?

But, most importantly, Camp ReVamp shows that, while this kind of momentary revenge can be sweet, getting your life together and moving on is much, much sweeter. Re-Vamped premieres Sept. 6 at 10 p.m. ET on Slice. Yours truly appears in the Oct. 11 episode.

• Post your best break-up revenge stories in the comments section of The J Spot online at metronews.ca

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

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Exercise better than surgery

Working up a sweat may be even better than angioplasty for some heart patients, experts say. Studies have shown heart patients benefit from exercise, and some have even shown it works better than surgical procedures. THE ASSOCIATED PRESS

FitFlop: A workout while you walk

Experts weigh in on whether this new sandal does what it claims

A flip flop that firms and tones as you walk sounds too good to be true.

Is it? The makers of FitFlop — the shoe sold at 4,500 stores around the world — say the sandal was designed to be a workout while you walk, with "side-effects" of comfort and relief from chronic lower back pain.

The premise of the FitFlop's rubber sole with different densities (also known as the micro-wobble board) is that it helps tone because it creates instability during walking, forcing leg muscles to work harder to maintain posture and balance. Skechers and Dr. Scholl's make their own versions.

Dr. Phil Graham-Smith, head of the Directorate of Sport at the University of Salford, did an independent study on the shoe. He said data has indicated that calf and thigh muscles were activated for longer during walking with these shoes, and that the speed of walking was slightly faster.

He's still studying the effects.

"I think the comfort element of it is that you probably feel more motivated to do more exercise as well," he said.

The idea was to mimic the natural roll over of the foot, said Dr. David Cook, senior lecturer of biomechanics at London South Bank University, who along with a doctoral student created the FitFlop. Cook also said toning depends on a person's diet, exercise and duration of wearing the shoe.

A Miami-based orthopedic surgeon and a podiatrist who were asked to examine the shoe both said that wearing an uneven shoe could actually create more problems for people with foot conditions and that sandals are not the safest shoes to wear.

LYNNE SLADKY/AP PHOTO

The FitFlop sandal was designed to help people workout while they walk. However, critics say it could lead to other problems.

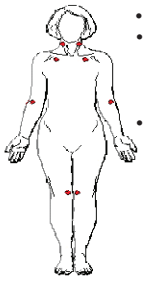
As for an extra workout in a walk? They said it is possible theoretically, but hard to quantify.

"The big question in my mind is to what extent is this enough of a wobble that it actually produces a medical effect, where you're actually toning muscles and building strength," said Marc Umlas, an orthopedic surgeon at Mount Sinai Medical Center in Miami Beach. "The other question is to what extent does it cause damage? We don't know how much this can increase in sprains or strains or other muscular skeletal injuries."

He added that women have been wearing narrow, high-heeled shoes that create a wobble for ages. THE ASSOCIATED PRESS

Fibromyalgia? Sleeplessness?

The Canadian Sleep Institute is conducting a research study of an investigational medication for sleep difficulties associated with Fibromyalgia. You may qualify for this study if:



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- Have been diagnosed with Fibromyalgia, or regularly experience the symptoms associated with the condition, including muscle pain, stiffness, headache, fatigue.
- Have experienced difficulty sleeping for at least three days out of the week.

Qualified participants will receive study medication and all study-related tests at no cost and may be compensated for time and travel.

CANADIAN Sleep institute
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research@csisleep.com

Bamboo textiles not so green

Chemical processing makes rayon

JANINE FALCON
For Metro Canada

If you're adding green to your closet by way of bamboo-fabric garments, hold up.

Although of natural, renewable origin, "bamboo textiles are essentially rayon, wood that is (chemically) liquified and extruded into a filament, then spun into thread and knit or woven into fabric," explains Lorraine Smith, a Toronto-based sustainability consultant.

In the U.S., the Federal Trade Commission recently charged four companies for making falsely green claims regarding bamboo-fabric products, and declared that "bamboo-based textiles, actually made of rayon, are not antimicrobial, made in an environmentally friendly manner, nor biodegradable."

In Canada, as of Sept. 1 textile dealers must label bamboo-derived fabrics as rayon, rayon from bamboo or other terms depending on the chemical process to create it. The exception is bamboo linen, which is mechanically processed in a way similar to linen made from flax.

"Knowing the difference between bamboo rayon and bamboo linen is important," says Kelly Drennen, president of Fashion Takes Action, an industry sustainability education and resource group. "There's a difference between knowingly 'green washing' and coming by it honestly. I think many bamboo-based businesses had no idea how the fabric is made, or that it really isn't eco-friendly."

ISTOCK PHOTO

In Canada, as of Sept. 1, textile dealers must label bamboo-derived fabrics as rayon, rayon from bamboo or other terms depending on the chemical process to create it.

The new labelling rules are a positive move, say both Smith and Drennen. "It's always a good thing when people know more about where stuff comes from," says Smith.

As to biodegradability, Smith doesn't see it as a true measure of green. "To suggest biodegradability is an 'eco-friendly' attribute suggests that once the consumer is done with it they can just hang it outside on their hedge for a while and it will gently merge with the natural world," she points out. "Of course that's not how it works. Non-biodegradability is a more eco-friendly aspect if it means the item can be recycled more effectively."

Do you suffer from sneezing, itchy and watery eyes brought on by cat allergies?

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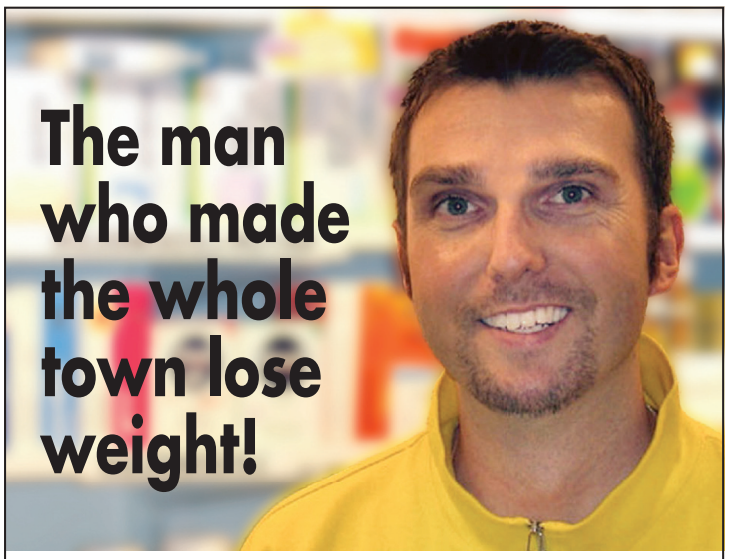


In the small town of Ålesund in Norway, people have been introduced to a secret about weight loss that made over 1500 of them lose weight. The man behind the secret is a health food storeowner, who discovered a new and innovative way of using mulberries.

A CUSTOMER ASKED FOR ADVICE

It all began a summer day in 2006 when a customer of Johnny Pettersen asked him for advice about how to eliminate sugar cravings; "I gave my customer a box of New Nordic's Mulberry leaf tablets, because mulberry is well known to lower your blood sugar after meals. When blood sugar is stable, sugar cravings disappear. It worked very well!"

THE MULBERRY DIET!

"I recommended mulberry to many of my customers and soon noticed that they were losing weight. This made me curious, so I studied the effect of mulberries on blood sugar, insulin and fat burning. Surely enough, because of the effect on blood sugar, mulberry leafs also lead to a lower insulin secretion, which makes you able to burn stored fat better and also reduces fat storage from excess calories.

I increased the dosage and now started recommending two mulberry tablets before each meal. It worked better than I expected! My customers not only controlled their sugar cravings, but also lost significant amounts of weight." says Johnny, and continues: "I recommend customers to follow the program for a minimum of 10 days, in order to also eliminate their need for sugar stimulation. Sugar works as a drug on the brain and people need to eliminate the need for a sugar high, if they want to stay slim. With mulberry my customers changed to a healthier diet without even noticing it – they simply didn't crave sugar."

1500 CUSTOMERS LOST WEIGHT

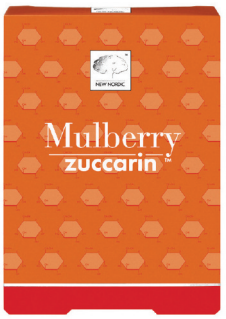
After the success of the first customers, word traveled fast; "In the last 12 months I have worked with over 1500 customers in Ålesund and the surrounding area. Mulberry has been a tremendous success. Once my customers try the tablets they come back, often with friends and family, and buy 4-6 packages at a time – not just one. It is a great business, but even more rewarding because I see my customers coming back happy, healthy and slim", Johnny explains.

AN OLD JAPANESE TRADITION

For centuries, the Japanese have enjoyed the health benefits from mulberry leaf teas, and today we know from clinical studies how mulberry leaves regulate blood sugar levels. For dieters, this means a lower production of insulin after eating carbohydrates. Insulin is responsible for storing excess calories as fat and for shutting down fat burning. Too much insulin is a dieter's worst enemy!

NOW IN CANADA

Scandinavian manufacturer New Nordic has recently launched a mulberry product in Canada, called Mulberry Zuccarin™. The tablets have been developed in Japan in collaboration with mulberry farmers, botanical experts and a reputable Japanese university hospital outside of Tokyo. Each tablet contains 400 mg of pure mulberry leaf extract.



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NEW NORDIC

Rambo suiting up again

John Rambo is gearing up for his fifth mission. Sylvester Stallone will star and once again resume directing duties in the followup to his 2008 film Rambo. According to variety.com the plot will revolve around human traffickers and drugs near the U.S.-Mexico border. ANANOVA.COM

Entertainment

Queen Idol

Queen Latifah has dismissed reports she'll be Paula Abdul's permanent replacement on American Idol, but reveals she has signed on to be a guest judge on the hit TV show. FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

Big night for Daytime Emmys

Future of television a hot topic on red carpet at award show

It was pushing 37 C as nominees made their way down the red carpet before entering the restored — and gloriously air-conditioned — Orpheum Theatre in Los Angeles for the 36th annual Emmy Awards.

"I feel like a roast chicken," noted a glistening Emily O'Brien, nominee as outstanding younger actress in a drama series for The Young and the Restless. "This is like an oven," she said. "I'm almost done."

A bit of heat is one thing daytime television's longtime mainstay, the soap opera, could use these days. Overall viewership has been declining and CBS' Guiding Light leaves the airwaves in mid-September after 72 years of production, first on radio, then on TV.

The future of daytime television was on the minds of many attendees.

"Daytime television has been evolving," observed Canadian ex-pat Alex Trebek, who was nominated as outstanding game show host for Jeopardy!

"Talk shows are still great ... I look around here and I see Dr. Phil is here, Montel (Williams) is here and Ellen (DeGeneres) is going to be here. These are all very successful daytime talk shows."

Those include The Tyra Banks Show, which took home the Emmy for outstanding talk show — informative for the second year in a row.

"You've got to move and I've totally redone my show from skin and guts — how it looks, feels all the way down to content, because of the changing generation," Banks said.

Soap-opera veteran Susan Lucci said fans shouldn't take the cancellation of Guiding Light as a sign the entire daytime-drama genre is in trouble. "I think it's like nighttime TV. Just because one show gets cancelled doesn't mean nighttime TV is out the window. But ABC is showing a huge vote of confidence by moving (the New York-based) All My Children to L.A., they wanted to expand not contract. So I think our situation is a very, very positive one."

The carpet was crammed with actors from Guiding Light, who gathered for a telecast tribute to their show. But veteran Light actor Robert Newman said he's heard nothing. "And, you know, I'm going to be moving forward with my life and career as if it is over," he added. "If something happens, that's fantastic and I'll deal with that when it comes along. But it has been a lot of years, and maybe sometimes things just have to move on."

The last episode of Guiding Light airs Sept. 18 on CBS. THE ASSOCIATED PRESS

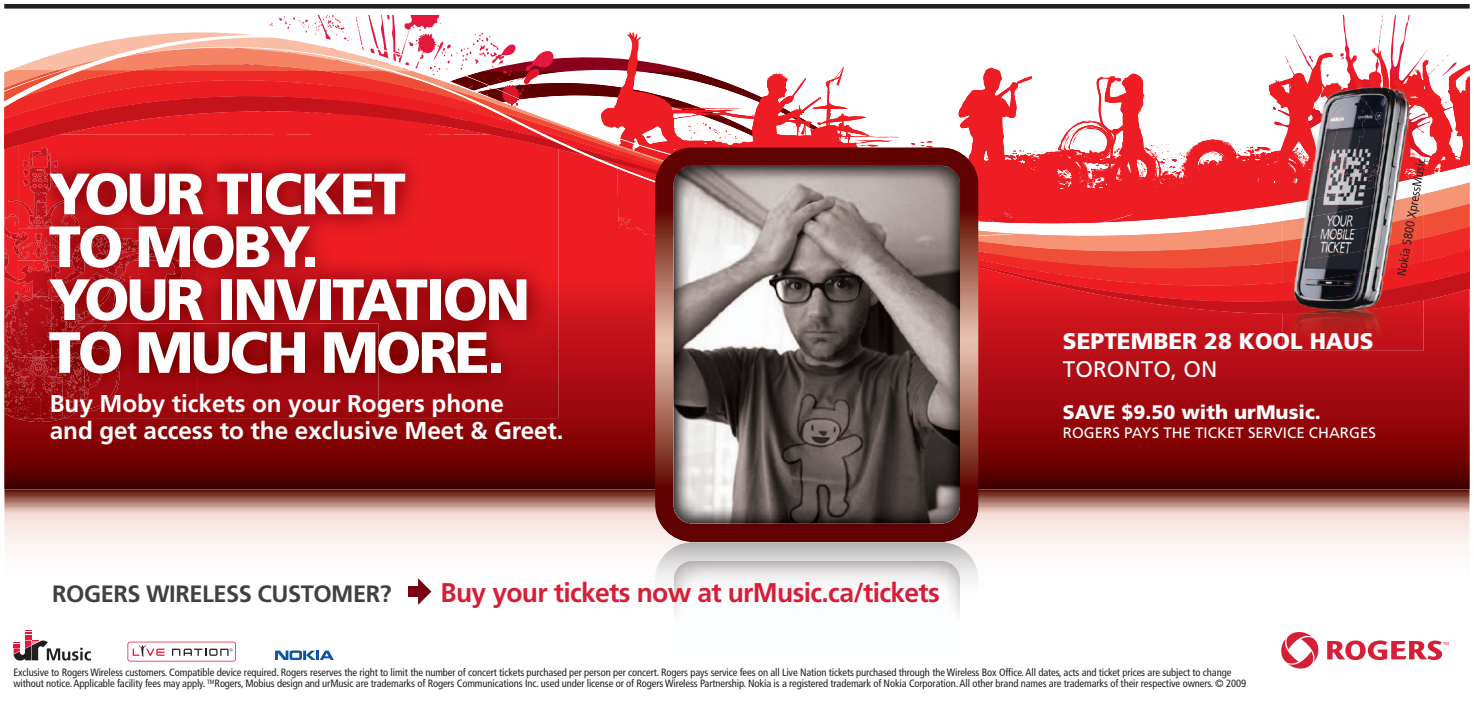
MARY SAWLES/THE ASSOCIATED PRESS

CHRIS PIZZELLO/THE ASSOCIATED PRESS

Rachael Ray, left, holds the Emmy Award for outstanding talk show entertainment backstage at the Daytime Emmy Awards. Meanwhile, Cookie Monster, above, accepts the Lifetime Achievement Award for Sesame Street.

Daytime Emmy winners

Drama series: The Bold and the Beautiful.
Lead actress in a drama series: Susan Haskell, One Life to Live.
Lead actor in a drama series: Christian LeBlanc, The Young and the Restless.
Supporting actress in a drama series: Tamara Braun, Days of Our Lives.
Supporting actor in a drama series (tie): Vincent Irizarry, All My Children, and Jeff Branson, Guiding Light.
Younger actress in a drama series: Julie Berman, General Hospital.
Younger actor in a drama series: Darin Brooks, Days of Our Lives.
Game-audience participation show: Cash Cab.
Game show host: Meredith Vieira, Who Wants to Be a Millionaire.
Talk show-entertainment: Rachael Ray.
Talk show-informative: The Tyra Banks Show.
Talk show host: Whoopi Goldberg, Joy Behar, Elisabeth Hasselbeck, Sherri Shepherd, Barbara Walters, The View.
Morning program: Good Morning America.
Directing in a drama series: One Life to Live.
Writing in a drama series: General Hospital.
Performer in a children's series: Kevin Clash, Elmo in Sesame Street.
Lifetime achievement: Sesame Street. THE ASSOCIATED PRESS



The return of the King

Get ready for a new round of "Tut mania."

The Art Gallery of Ontario is giving its members a first crack at tickets to its highly anticipated King Tut exhibit on Tuesday.

Non-members can also reserve tickets early to King Tut: The Golden King and the Great Pharaohs by pre-registering online at ago.net/tut until Sept. 17.

Tickets go on sale to the general public on Sept. 22.

The exhibit will run at the AGO Nov. 24 through April 18, 2010, with more than 100 pieces from Tut's tomb and other ancient sites. The last time a King Tut collection came to Toronto in 1979, it drew a record 750,000 visitors to the AGO and inspired "Tut mania" headlines about its massive popularity on both sides of the border.

The AGO says the newest exhibit will be "time ticketed, ensuring shorter wait times and greater convenience for visitors."

Member ticket prices range from $14.50 to $20. General public ticket prices will range from $16.50 to $32.50. Family and group rates will also be available. Children aged five and under will get in for free.

Members will get several benefits during the exhibition, including access to a VIP line and a discount at the AGO restaurant Frank, which will offer an Egyptian-themed prix-fixe menu.

Members who register can also gain exclusive early access to the exhibition on Nov. 21 and Nov. 22.

THE CANADIAN PRESS

DANIEL BEREHULAK/GETTY IMAGES

King Tut treasures will rule at the Art Gallery of Ontario this fall as part of its upcoming exhibit, King Tut: The Golden King and the Great Pharaohs. Members-only tickets are available today.

VIRGIN FESTIVAL SUCCESS!

PLANET MAURIE PHOTOS

A good time was had by all who attended Virgin Festival Ontario over the weekend – Melanie Fiona, Pitbull and Sean Kingston were just some of the outstanding performers who graced the 999 Virgin Radio stage (pictured) – For photos and video check out virginradio.ca or search Virgin Radio Toronto on Facebook.com

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Cagney and Lacey together again
Crime-fighting duo Cagney And Lacey are reuniting on screen nearly 30 years after the hit 1980s TV series first aired. Tyne Daly will guest star on Sharon Gless' series Burn Notice. FEMALEFIRST.CO.UK

Power to the third

Heroes' star talks about much-maligned season

IAN JOHNSTON
for Metro Canada

If there was one positive in Heroes' much-criticized third season, it had to be the transformation of character Ando Masahashi from sidekick to superhero.

"He (Ando) really grew during the season. He was able to get a power-shooting lasers out of my hands," says actor James Kyson Lee, who plays Ando on the popular fantasy series.

"My best friend (the time and space travelling Hiro) reverted to a 10-year-old and Ando had to take charge. That's sort of a theme running in the show — who is in charge and who is the sidekick?"

Lee was in Toronto last week to promote today's DVD release of Heroes' third season, and as a guest at the hugely popular Fan Expo Canada, which took place last weekend.

He says loyal viewers had always identified with the human Ando's no-nonsense approach to all the sci-fi mayhem.

"When the show started, the audience really viewed Ando as one of their own. He asked the questions that we would ask as viewers. In the first year, I had a lot of lines like 'Where are they?' and 'What's happening?', says Lee.

"I'm glad I got powers later because we got to flesh him out as a human being first."

Lee feels the third season — which saw the show lose a good portion of its loyal audience — ended on a positive note with the return of writer/executive producer Bryan Fuller. He says he thinks the series is in a good place going into season four.

"I think because we start so strong there was a lot of pressure to meet fan expectations," says Lee. "In a strange sense, we're underdogs now."

As for the fourth season — dubbed Redemption — Lee says Ando and Hiro will be setting up a business. One suspects it won't be a hardware store.

"It's going to propel us into some really odd adventures," he says.

"I'm also going to be linked with someone unexpected. So I think that will be a nice surprise for the audience."

James Kyson Lee, who plays newfound superhero Ando Masahashi in Heroes, was in Toronto last week to promote today's DVD release of the show's third season.

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DVD picks

State of Play
Director: Kevin MacDonald

A THRILLER about righteous newspaper reporters seems boldly nostalgic in 2009, but it's a "B" movie with an "A" cast furiously pounding the pavement.

Director Kevin Macdonald (The Last King of Scotland) and his committee of screenwriters have, like newsroom rewrite aces, boiled down the essentials from a lauded BBC miniseries of the same name, shifting locales from London to Washington, D.C.

Russell Crowe is rumpled and cynical Cal McAffrey, scribbler for the fictional Washington Globe. He has no use for the Internet, especially when his cost-conscious editor (Helen Mirren) compares him unfavourably to pert new Globe blogger Della Frye (Rachel McAdams).

Cal and Della, of course, end up working together, connecting the dots of a case that begins with the apparently random shooting of two strangers in an alleyway and the accidental subway death (or was it?) of a politically connected woman.

An ambitious congressman (Ben Affleck) and his wife (Robin Wright Penn) are drawn into the intrigue. There are more red herrings in State of Play than in a Moscow fish market, but Macdonald has chosen not to overstate the print-vs.-online feuding that ceased being interesting around the time Al Gore invented the Internet. Extras include deleted scenes and a making-of featurette.

Hunger
Director: Greg Mottola

AN EMOTIONAL and artistic take on the 1981 Irish prison hunger strike led by IRA militant Bobby Sands, Hunger fully engages the senses, metaphorically if not literally.

So powerful are the images of blood and bodily waste, viewed here as symbols both of martyrdom and defiance, that you can almost smell and taste them, too.

This is savage poetry, where smeared feces become op art in the eye of director Steve McQueen and the camera lens of cinematographer Sean Bobbitt.

The film isn't concerned with the fine details of history, even when they might reinforce the drama.

Anyone coming without prior knowledge to story, which is split into three rough sections, might well be baffled.

Messianic firebrand Sands, played with astounding clarity by Michael Fassbender, doesn't enter the frame until near the one-hour mark. And British Prime Minister Margaret Thatcher is entirely off-camera, heard only as a defiant voice in news clips as she denounces the IRA as "terrorists."

These structural oddities might sink a more conventional movie.

Relying on images more than words, Hunger is a plea for humanity in times of insanity.

Peter Howell/for Metro Canada

Smells like Kardashian

Looks like next spring there will be another star to compete within the celebrity fragrance arena. Kim Kardashian has just announced that she will be launching her first signature scent through Lighthouse Beauty. PEOPLE.COM

Jenna's a journalist

Bush daughter joins NBC show as correspondent

NBC's Today show has hired someone with White House experience as a new correspondent — Jenna Hager, the daughter of former U.S. president George W. Bush.

Hager will contribute stories about once a month on issues like education to television's top-rated morning news show, said Jim Bell, its executive producer.

Hager, a 27-year-old teacher in Baltimore, said she has always wanted to be a teacher and a writer, and has already authored two books. But she was intrigued by the idea of getting into television when Bell contacted her.

"It wasn't something I'd always dreamed to do," she said. "But I think one of the most important things in life is to be open-minded and to be open-minded for change."

"When (Jenna Hager) came here for a handful of appearances, she knocked it out of the park."
Today show executive producer Jim Bell

She'll essentially work two part-time jobs as a correspondent and in her school, where she will be a reading co-ordinator this year. Bell said he got the idea after seeing Hager in two Today appearances. She was on the program two years ago to promote her book about an HIV-infected single mother, Ana's Story: A Journey of Hope, and it went so well that a short interview was stretched to nearly a half hour. She and her mother, Laura Bush, also co-hosted an hour of Today around the time their picture book came out.

She "just sort of popped to us as a natural presence, comfortable'' on the air, Bell said. Hager will work out of NBC's Washington bureau. "I think she can handle it," he said. "I think she knows something about pressure and being under some scrutiny. When she came here for a handful of appearances, she knocked it out of the park.''

He expects her first story, most likely concerning education, to be on sometime next month.

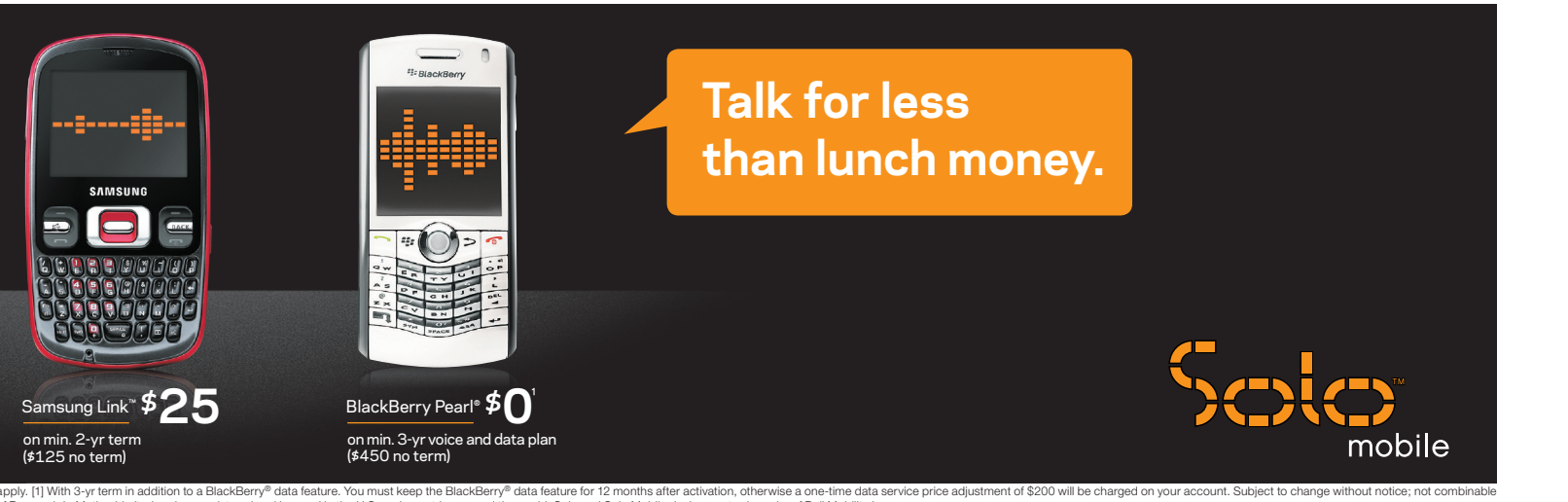
A first television job on Today is, in her father's world, sort of like a run for president as a first attempt at elective office. Hager said that people on the show "have always made me, whenever I've been there, feel very comfortable."

Bell said Hager won't be covering politics. He said he didn't consider the job as a down payment for a future interview with her father, who has been living quietly in Texas since leaving office earlier this year. "I hope to focus on what I'm passionate about because I think I'd do the best job on them — education, urban education, women and children's issues and literacy," said Hager.

THE ASSOCIATED PRESS

GETTY IMAGES

Former U.S. president George W. Bush's daughter Jenna Hager with husband Henry Hager.



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THE CANADIAN PRESS FILE PHOTO

Walt Disney is buying Marvel Entertainment, best known for characters such as Spiderman, for $4 billion.

Mickey's got a hold on Spidey

DEAL The Walt Disney Co. is buying Marvel Entertainment Inc. for $4 billion US in cash and stock, bringing such characters as Iron Man and Spider-Man into the family of Mickey Mouse and WALL-E.

Under the deal, which was announced yesterday and is expected to close by the end of the year, Disney will acquire the rights to 5,000 Marvel characters. Many of them, including the Fantastic Four and the X-Men, were co-created by the comic book legend Stan Lee.

Disney CEO Robert Iger said Marvel's comic books, TV shows, movies and video games amounted to "a treasure trove of content."

Deal on film productions

- Although it began producing its own movies, starting with Iron Man last year, Marvel has several deals with other movie studios that Disney said it will honour and re-examine upon expiration. For example, Spider-Man 4, set for release in 2011, is being made with Sony Corp.'s Columbia Pictures; Iron Man 2 will be distributed by Viacom Inc.'s Paramount Pictures next year; and the upcoming X-Men Origins: Magneto and X-Men Origins: Wolverine 2, both due in 2011, are to be distributed by News Corp.'s 20th Century Fox.

THE ASSOCIATED PRESS

Iger said the deal would bring benefits like the ones Disney got from buying Toy Story creator Pixar Animation Studios Inc. for $7.4 billion in stock in 2006.

"The acquisition of Marvel offers us a similar opportunity to advance our strategy," Iger said, and "to build a business that is stronger than the sum of its parts."

For Marvel, Iger said being in the Disney camp would mean better global distribution and better relationships with retailers to sell its products. Another storied comic book maker, DC Comics, has been under the wings of a major studio since 1969, when Warner Bros. bought the home of Superman, Batman and Wonder Woman.

Marvel Chairman Mort Handel called Disney "a perfect home for our great collection of characters."

One point of the deal is to help Disney appeal to young men who have flocked to theatres to see Marvel superheroes such as Iron Man in recent years. That contrasts with Disney's recent successes among young women with such fare as Hannah Montana and the Jonas Brothers.

THE ASSOCIATED PRESS

Moore 'heartbroken' over DJ AM death

Mandy Moore is "absolutely heartbroken" following the tragic death of her ex-boyfriend Adam Goldstein (DJ AM) on Friday. Moore says, "Adam radiated a contagious exuberance for life and also personified the very definition of a true friend. FEMALEFIRST.CO.UK

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Mraz has longest chart run in Billboard history

Jason Mraz's I'm Yours may be the longest running song in the history of the Billboard Hot 100 chart but the hippie-friendly jam has been around even longer.

Mraz has played the song on tour for five years, and he said fans at live shows always responded differently to it, inspiring him to release the song as a single.

"The song was really born into the crowd … I noticed almost an immediate response to it and people really celebrated in a different way during that song," he said in a phone interview. "And then by having those three years to jam to the song, it gave us the opportunity to do something simple, yet spirited" in the studio.

"And now of course, that we've been playing with people really owning it on the record, it's taken it to a whole new level," he said.

I'm Yours first charted in May 2008, hit No. 6 in September 2008 and has spent 71 weeks on Billboard's Hot 100 singles chart. (The previous record-holder, LeAnn Rimes' late-1990s hit, How Do I Live, lasted 69 weeks.) Mraz's tune was also nominated for Song of the Year at this year's Grammy Awards.

WARNER MUSIC PHOTO

Jason Mraz's I'm Yours has spent 71 weeks on Billboard's Hot 100 singles chart.

Though the accomplishment is one the 32-year-old is proud of, he says it doesn't mean he's necessarily reached a milestone in his career.

"I don't feel like I crossed a finish line. I don't feel like I've sweated for 70 weeks. I feel like the song is just doing its thing and it was a real gift," he said.

"I don't feel like I crossed a finish line. I don't feel like I've sweated for 70 weeks. I feel like the song is just doing its thing and it was a real gift."
Jason Mraz

Mraz has spent the last two years on the road promoting his latest CD, the platinum-selling We Sing. We Dance. We Steal Things. That time on tour has been documented to Jason Mraz' Beautiful Mess — Live from Earth, a live CD/DVD out Nov. 10.

"I thought it would be great to capture the concert in an adventurous style so that my grandmom can see what I've been up to for two years," he said. "She doesn't like YouTube. She says the quality ain't that good." THE ASSOCIATED PRESS

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Williams back to wedding comedy

It's been just two short years since Robin Williams starred in the risible wedding comedy, Licence To Wed. But time is a great healer, and so he's at it again, signing on to star in Disney's wed-com, Wedding Banned. EMPIREONLINE.COM

DARREN CALABRESE/THE CANADIAN PRESS

Opera Erratica's Ashiq Aziz, left, and Patrick Eakin Young hope to bring opera to the under-30 crowd by choosing accessible operas performed by young singers.

An opera for Generation Y

For some, opera means fat ladies, foreign languages, ear-splitting arias and not much else.

But Patrick Eakin Young, the 26-year-old director of an underground opera running in Toronto, says the art form goes well beyond the stereotypes. He wants his peers, in particular, to know that opera need not be stodgy, expensive, difficult or overly long.

"Opera is this beautiful, exciting medium," Young says. "It's more accessible than people, certainly young people, believe."

Young has collaborated with conductor Ashiq Aziz, also 26, to render British composer Henry Purcell's 17th-century tragedy, Dido and Aeneas (1689), in new media and on period instruments.

"There's a whole perception among Gen-Yers that opera doesn't belong to them," Young says. "What Ashiq is trying to do with his music and what I'm trying to do with my staging is to say, like, opera belongs to us, belongs to you, and we can make it something really interesting that maybe you haven't seen before." THE CANADIAN PRESS

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Divorce deal

Ronnie Wood is set to pay his estranged wife Jo $17.25 million US after settling a divorce deal. The veteran guitarist, 62, split from his wife of 23 years in July of last year, after his affair with a 20-year-old Russian waitress was exposed. **FEMALEFIRST.CO.UK**

Mix of Six

Metro taps into today's best entertainment and event picks

SCREENING Lawrence of Arabia is being screened in Yonge-Dundas Square at 7 p.m. as part of the Adrenaline Rush! series. ydsquare.ca

COMEDY Yuk Yuk's downtown hosts its weekly amateur comedy night featuring the Humber College Comedy Cavalcade. 224 Richmond St. W. yukyuks.com

THE EX If you can't get to the zoo to see the sharks, drop by The CNE Bandstand, where Jaws is being screened at 8:30 p.m. as part of C-NEMA Under the Stars. theex.com

HISTORY The Market Gallery in the St. Lawrence Market is exhibiting Toronto Island Narratives, Past and Present, with art and artifacts from the community. 10 a.m. to 4 p.m.

SHOES Created by indigenous peoples from around North America, 90 pairs of shoes, boots and moccasins are on display at the Bata Shoe Museum. 327 Bloor St. W. batashoemuseum.ca

THEATRE Shakespeare's The Tempest plays at the Canadian Stage TD Dream in High Park. Shows start at 8 p.m. $20 suggested donation, kids under 14 free. canstage.com

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A foodie follows his dreams

Ted Allen's new show, Chopped, lets him spend even more time around vittles

Ted Allen's existence is almost entirely about edibles. Not only does the gourmet write about food in magazines and books, and critique meals made by elite chefs on TV, but he also spends most of his free time in his own kitchen in Brooklyn, N.Y.

"I cook like crazy," said the bespectacled food and wine connoisseur, who rose to fame on the series Queer Eye for the Straight Guy. "If I could be doing anything else right now, that's what I would be doing."

Allen's culinary ambitions aren't just fuelled by his participation in such programs as Iron Chef America and Top Chef, where he's been a guest judge, or Chopped, his latest show debuting in Canada this week.

It's his new membership in a community supportive agriculture group near his brownstone house, where he also grows tomatoes on his roof.

PETER ROSS/TEDALLEN.NET

Ted Allen's new Food Network Canada show, Chopped, challenges up-and-coming chefs to make a three-course meal with several mystery ingredients à la Iron Chef.

"Getting these beautiful organic veggies from my CSA has been spiritually, and from a culinary point of view, so exciting to me," said Allen, 44, who also writes on food for Esquire magazine.

"I'm working like a chef now. I'm letting the ingredients dictate the menu instead of imposing my idea upon the supermarket."

Also letting the ingredients dictate the menu are the competitors of Chopped, premiering Wednesday on Food Network Canada. Allen hosts as up-and-coming chefs are challenged to make a three-course meal with several mystery ingredients they don't see until the competition begins, à la Iron Chef.

And the combinations are odd. In the first episode, for example, the chefs have 20 minutes to make a dish using molasses, red snapper, parsley root and dried cranberries.

After each course, a contestant gets chopped by a judging panel until the last chef left standing wins $10,000 US in each episode.

"You'll see lots of tears. You'll see people practically cutting their fingers off, dropping food on the floor and serving it anyway," said Allen.

"There are a lot of cooking competition shows out there, but what I think really sets Chopped apart from the rest is that all of the drama, all of the panic, all the excitement that happens on the show is specifically about the food."

Later in the season, champions from previous episodes will return to compete again, and the grand prize will increase in value as the episodes go on.

A second season of Chopped has already started airing in the U.S., and Allen hopes to do a third.

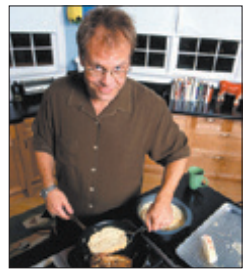
THE CANADIAN PRESS

TO	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/1/09	265	353	2 TVO	Canadian Waterways		The Agenda With Steve Paikin		Blackpool		Stephen Fry in America		Agenda-Paikin
primetime	211	331	3 GTV	ET Canada	Entertainment	NCIS "Legend"		(9:01) Big Brother 11		In Plain Sight (N)		News
	215	343	4 OMN1	Two/Half Men	The Simpsons	Omni News: Italian Edition (N)		Vivere Il	Omni News:	The Simpsons	King of the Hill	Metropia
	210	302	6 CBC	Wheel-Fortune	Jeopardy!	Rick Mercer	22 Minutes	Being Erica (DVS)		CBC News: The National		The Hour
	214	344	7 CITY	Law & Order: SVU		Hell's Kitchen (PA) (N)		More to Love (N)		Valentine		News
	212	313	8 CTV	etalk	Hollywood	So You Think You Can Dance Canada Top 18. (N)				Flashpoint (DVS)		CTV News
	218	345	11 E!	*Bowfinger* ★★★ (1999, Comedy) Steve Martin, Eddie Murphy.				*Rocky II* ★★★ (1979, Drama) Sylvester Stallone, Talia Shire.				News at 11 (N)
	137	763	13 TFO	Panorama été	Météo	Rebut global	Villages	*Mr. Klein* ★★ (1977, Suspense) Alain Delon, Jeanne Moreau.				Météo
	-	-	14 -	Raymond	According-Jim	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	Cold Case
	213	326	15 SUN	The Insider (N)	George Lopez	World's Most Amazing Videos		To Serve and Protect		The Insider	Argos Access	Becker
	-	387	16 CBS	Inside Edition	Hollywood	NCIS "Legend"		(9:01) Big Brother 11		NCIS "Legend"		News 4 at 11
	-	385	17 NBC	The Insider (N)	Entertainment	America's Got Talent		America's Got Talent (HDTV) (Live)				News
	-	386	18 ABC	Wheel-Fortune	Jeopardy!	Crash Course		Shaq Vs. (HDTV) (N)		Primetime: The Outsiders		News
	219	346	20 ACH-B	The Road to Avonlea		America's Got Talent		America's Got Talent (HDTV) (Live)				A News
	-	-	28 FOX	Judge Judy	Two/Half Men	Hell's Kitchen (PA) (N)		More to Love (N)		Seinfeld	Two/Half Men	The Simpsons
	-	388	61 PBS	News-Lehrer	Foot in Grave	Nova (HDTV) (DVS)		Nova scienceNOW (N)		Flight of the Elephants		Business Rpt.
	297	652	330 WPX	Two/Half Men	Family Guy	90210 "Zero Tolerance"		90210 (HDTV)		PIX News at Ten Tong.		Two/Half Men
	296	654	331 SBK	Wheel-Fortune	Jeopardy!	Dr. Phil (HDTV)		WBZ News (N)	'70s Show	Frasier	Frasier	Punk'd
	298	653	332 TLA	Tyra Show	CW Preview	My Wife-Kids	According-Jim	Friends	KTLA News	Two/Half Men	Two/Half Men	90210
news	502	390	26 NW	CBC News	Mansbridge	CBC News: Tonight		CBC News: The National		Saving Luna		National
	500	500	33 CNN	Lou Dobbs Tonight		Campbell Brown (N)		Larry King Live (N)		Anderson Cooper 360 (HDTV)		
	509	504	79 CNB	Kudlow Report		CNBC Reports		House of Cards				Mad Money
sports	405	417	22 net	MLB Baseball	Sportsnet Connected		MLB Baseball Toronto Blue Jays at Texas Rangers. (HDTV) (Live)					
	400	400	30 TSN	Tennis U.S. Open, Men's & Women's First Round. (HDTV) From the USTA National Tennis Center in Flushing, N.Y. (Live)								SportsCentre
	411	457	58 OLN	Ghost Hunters		Dog the Bounty Hunter		Survivorman		Ghost Hunters		Bounty Hunter
	417	406	81 SC	Pimp My Ride	Pass Time	Pimp My Ride	Pimp My Ride	Super Bikes!	Super Bikes!	Jacked!	Jacked!	Pimp My Ride
family	551	542	25 YTV	Drake & Josh	Prank Patrol	The Penguins	Malcolm-Mid.	Family Biz	Prank Patrol	Falcon Beach		Mystery Hnt.
	554	544	45 TEL	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken	American Dad	Moral Orel
	556	540	51 FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
cable variety	602	567	27 W	Old Christine	Friends	Friends	Style by Jury	Style by Jury	Style by Jury	How to Look Good Naked		Naked Beauty
	570	580	29 MM	One Tree Hill		Video on Trial	Love Court	Starmaker		MuchNews	Video on Trial	One Tree Hill
	615	520	31 A&E	Criminal Minds (HDTV)		The First 48		The First 48 (HDTV) (N)		The Cleaner (HDTV) (N)		The Cleaner
	700	800	35 TLN	Centrovetrine	Sky TG 24	Serie A	Magnifica Italia	Ma Il Portiere non C'e Mai?		George Lopez	George Lopez	George Lopez
	571	581	36 MMM	The Daily Fix		Ranked!		Wild 'n Out	Wild 'n Out	High School Reunion		The Daily Fix
	575	583	38 CMT	Cross Canada Countdown		Home Improve.	Home Improve.	Reba	Reba	Hope & Faith	Hope & Faith	Rascal Flatts
	616	521	39 SHO	The Outer Limits		*Termination Point* (2007, Suspense) Jason Priestley.				Bones		NCIS
	620	523	40 BVO	Raising Valhalla		At the Concert Hall		Bowfire				Law & Order
	601	562	41 SLC	Skin Deep	Til Debt-Part	Rich Bride, Poor Bride		Rich Bride, Poor Bride		Rich Bride, Poor Bride		ET Canada
	522	506	43 HIS	Ancient Discoveries		Cities of the Underworld		Cities of the Underworld		Ultimate Engineering		Crime Stories
	625	548	44 COM	Air Farce	22 Minutes	22 Minutes	Comedy Now	The Simpsons	South Park	House Party	Comedy Inc.	Bill Engvall
	600	564	46 H&G	House Hunters	Property Virgin	HGTV's Top 10	Dirty Business	SarahCottage	Genevieve	House Hunters	House Hunters	Holmes-Homes
	294	529	47 TBS	Family Guy	Family Guy	House-Payne	House-Payne	*Set It Off* ★★★ (1996, Action) Jada Pinkett, Queen Latifah.				
	576	582	49 BET	106 & Park: BET's Top 10 Live		*A Low Down Dirty Shame* ★ (1994, Action), Jada Pinkett				Frankie-Neffe	Frankie, Neffe	W. Williams
	627	528	50 SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		Torchwood "Combat"		Ghost Hunters		Stargate SG-1
	581	566	52 MTV	Cribs	After	MTV News	Parent Control	House, Jazmin	Daddy's Girls	Daddy's Girls	House-Jazmin	MTV Live
	618	524	54 TROP	'70s Show	'70s Show	The Outer Limits		ET Canada	Switch	Family Guy	'70s Show	'70s Show
	603	561	56 FOOD	Ricardo	Exotic	Restaurant Makeover		Hell's Kitchen		Good Eats	Good Eats	Iron Chef Am.
	261	394	60 V	Murder, She Wrote		Bless-Father	On the Buses	Quantum Leap		Medicine Wmn	I Prophesy	Poltergeist
	621	527	63 STR	The Ellen DeGeneres Show		TMZ (N)	Hollywood	Look-A-Like	Look-A-Like	Tonight Show-Conan O'Brien		TMZ
	553	546	65 TRE	Backyardigans	Nght Grdn	Max & Ruby	Franklin	Little Bear	Maggie-Beast	Big Comfy	Zigby	Max & Ruby
	115	711	101 TVA	Qui perd gagne (SC)		Fort Boyard (SC)		Las Vegas Changements. (SC)		TVA 22 heures	Sucré-salé	*Faites sauter*
	126	730	102 RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal
	526	507	249 VIVA	Judging Amy		Missing		The Closer "LA Woman"		Da Vinci's Inquest		Psychic Inv.
	300	601	301 M1	*Things-Lost*	*White Tuft, the Little Beaver* (2008)			*Beverly Hills Chihuahua* (2008, Comedy)			(10:45) *Speed Racer*	
	305	612	306 PIX	(7:15) *Hank Williams First Nation* ★★ (2005)				*Stripes* ★★ (1981, Comedy) Bill Murray, Harold Ramis.				*Lapse of Mem.*

critics' corner

Good Eats

So you think you can't cook? Alton Brown begs to differ. As this entertaining half-hour series begins a new season, Brown continues the process of demystifying cooking and making it fun, whether that involves him dressing up in costumes, telling jokes or suggesting cheap alternatives to those pricey kitchen gadgets. 1 PM on FOOD



NCIS

The death of a Marine leads Gibbs and McGee (Mark Harmon, Sean Murray) to the NCIS Office of Special Projects in Los Angeles, where the investigation quickly assumes vital importance concerning national security. Chris O'Donnell and LL Cool J guest star in "Legend (Part 1)." 8 PM on GTV, CBS

Bowfire

If you think violins are boring and fiddles are for honky-tonk bands, this special will change your mind. Bowfire is an ensemble that does for strings what "Lord of the Dance" did for Irish dancing — turning it into a high-energy show with a little dance, a little drama and a whole lot of great tunes from all over the genre map — jazz, Celtic, bluegrass, classical and more. Just watch. 9 PM on BVO

'Someone should pay': Joe Jackson

REACTION Michael Jackson's father says he'd never heard of the drug propofol until it was implicated in his son's death. "I'm not angry. I'm mad," Joe Jackson told NBC's Today show. "I didn't know all this was going on. That's what I'm mad about." The Los Angeles County coroner's office said Michael Jackson's death was a homicide caused primarily by propofol and another sedative, and ruled propofol with other anti-anxiety drugs was a contributing factor in his death. Jackson was using propofol to help him sleep, a practice medical experts consider extremely dangerous. "Someone should pay," said Joe Jackson. "Not just someone but all of them should pay that's involved."

THE ASSOCIATED PRESS

Kenya's**Style**

Kenya Hunt

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For complete online movie listings, trailers, reviews and tickets, visit: **metronews.ca/movies**

The Hills population shrinks
The Hills is losing another resident: Audrina Patridge. "I'm almost done with The Hills. We're in the middle of finishing these episodes, and I'll be leaving then," usmagazine.com quotes her as saying. METRO NEWS SERVICES

Celebrity Buzz

I still love Rihanna: Chris

OPENING UP It's been six months since the Grammy Awards weekend when Chris Brown and Rihanna got into a late-night fight that left Rihanna bruised and bloodied and her R&B star boyfriend surrendering to Los Angeles police, people.com reports.

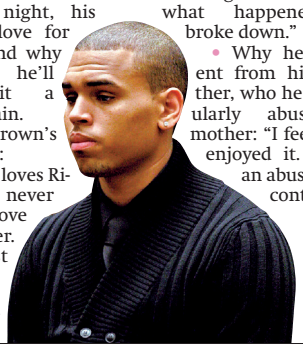
Since then, Brown, 20, has pleaded guilty to felony assault and was sentenced last week to five years' probation.

And now, he is ready to speak: On Aug. 26, the musician sat down with People for his first interview and — as his mother Joyce Hawkins, a victim of domestic abuse herself, sat nearby — opened up about his shame over that "terrible" night, his enduring love for Rihanna and why he swears he'll never hit a woman again.

Among Brown's revelations:

- He still loves Rihanna: "I never fell out of love with her. That just wouldn't go away."
- How he felt right after the assault: "I was distraught ... I went to my mom on the same night and told (her) what happened and broke down."
- Why he's different from his stepfather, who he says regularly abused his mother: "I feel like he enjoyed it. He was an abuser. It was continuous."

METRO NEWS SERVICES



DJ AM's last hours revealed

LAST MOMENTS The pieces are still being put together to identify the cause of Adam (DJ AM) Goldstein's death, but a police source tells People that on Friday, Aug. 28 — the day he was later discovered dead in his Manhattan apartment — the celebrity DJ had sent his last text message to two friends at 1 a.m.

People.com reports the subject of his message was his scheduled Las Vegas gig that very Friday night at the Rain Nightclub in the Palms Hotel — but he never made it.

Sixteen hours after Goldstein texted, a friend called 911 because Goldstein had failed to answer his cellphone and, when it was time for him to leave for his flight, his two travelling companions could not reach him.

After the NYPD broke down the door to his SoHo apartment, says a police source, they found the lifeless Goldstein in bed, wearing sweatpants, and a crack pipe nearby. They also discovered a half bag of crack cocaine and prescription drugs.

On Saturday, the New York City Medical Examiners office announced that after an initial autopsy proved "inconclusive," more tests, including a toxicology report that might require weeks, would be performed.

Goldstein, who often talked about his past struggles with drug abuse, claimed he had been off drugs for 11 and a half years.

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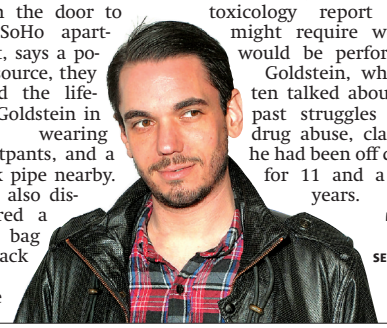
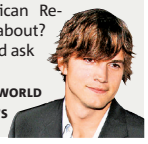


Celebrity tweets

Jamie Kennedy doesn't know how to deal with people hitting on Jennifer Love-Hewitt, Paris Hilton hits the Strip in mourning, Ashton Kutcher tastes international flavours, and Selena Gomez shows some healthy curiosity.

- @jamiekennedy wtf???? some guy says to my girl last night she's his celebrity exception. Thats nice but what am i supposed to do, say go to the bathroom?
- @parishilton Vegas isn't the same without DJ AM spinning on the decks. He was such an incredible DJ, he was a musical genius. I miss him so much :(
- @aplusk There's a German in my kitchen making strudel.
- @selenagomez I wonder what 'Dirty Little Secret' by All American Rejects is about? .... I should ask them.

METRO WORLD NEWS



Elton can't remember his lyrics?

ABSENT-MINDED Elton John can't seem to remember the words to his 1970 hit Your Song despite singing it for 39 years, ananova.com reports.

The superstar had an autocue hidden in a flower arrangement on stage while playing a private birthday party in Monaco.

Even the first line, "It's a little bit funny, this feeling inside," was on a teleprompter as he played the gig at the Hotel de Paris.

"Most fans could sing Your Song in their sleep so it's funny Elton needed help with lyrics he's been doing for four decades," one partygoer said.

A representative for John insisted the autocue was only used to remind the star of the running order of the show.

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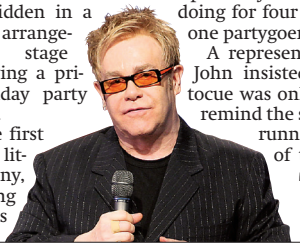


No surgery for me, says Demi

RUMOUR MILL Demi Moore denies that she's ever had plastic surgery — not that there's anything wrong with it. The 46-year-old was rumoured to have spent $300,000 US on a makeover in 2004.

"I don't like the idea of having an operation to hold up the aging process — it's a way to combat your neurosis. The scalpel won't make you happy," she told France's Marie Claire.

"That said, the day when I start crying when I look at myself in the mirror might be the day when I'm less adamant about not having it done."

METRO NEWS SERVICES

Macaulay father to Blanket?

BIZARRO Since Michael Jackson's death, there's been a swirl of gossip around the paternity of his children. Often, it's just he-said, she-said, but popeater.com is reporting a British paper suggests Macaulay Culkin may be the father of one of Jackson's kids.

The Sun, citing very unnamed and unverified sources, claims that actor Culkin may be the father of Jackson's son Prince Michael II, a.k.a. Blanket. Culkin, now 29, is said to have donated sperm to create seven-year-old Blanket.

Culkin has not released a statement, but popeater.com calls the claim "ridiculous."

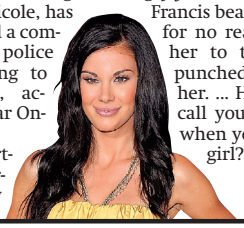
METRO NEWS SERVICES

Jayde to press charges in fight?

REPERCUSSIONS Girls Gone Wild creator Joe Francis may be in trouble after his fight with reality TV star Brody Jenner. Jenner's girlfriend, Jayde Nicole, has reportedly filed a complaint with police and is planning to press charges, according to Radar Online.

Francis reportedly left the former Playboy Playmate of the Year with a bruised cheek, a swollen face, a bruised left rib and a sore lower abdomen. An angry Jenner tweeted: "Joe Francis beat up my lady for no reason! Pulled her to the ground, punched and kicked her. ... How can you call yourself a man when you beat up a girl?"

METRO WORLD NEWS



Heidi's got baby on the brain

FIRST COMES LOVE... Heidi Montag is reportedly prepared to reproduce, but her husband, Spencer Pratt, is not quite ready for fatherhood, according to his sister, Stephanie Pratt.

"Heidi is the one with the baby fever," Pratt told MTV News. "Basically, Heidi got married; (then) she's like, 'Oh my God, what do I do?' I really feel like she went to a bookstore and saw Newlyweds: The Wife's Edition, and so now she's like, 'I still want to get a house with a white picket fence ... and then probably a dog, and then we'll move on to kids. And I want to take cooking lessons.'"

METRO WORLD NEWS

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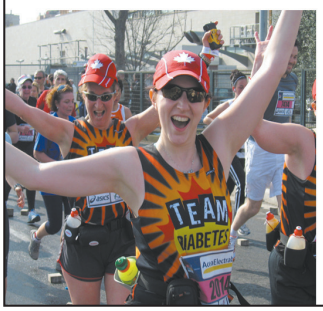
Canadian Diabetes Association



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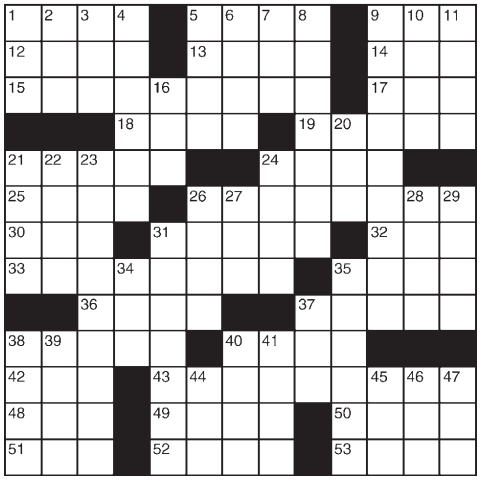


ACROSS

1 Antelope's playmate
5 Stinging insect
9 Police officer
12 Leer at
13 Cake topper
14 Sapporo sash
15 Group with a job
17 Swab the decks
18 Picnic invaders
19 Hamstrings
21 Doesn't have
24 Staffer
25 Lotion additive
26 Non-noble
30 Doctrine
31 Lions' prides
32 Spy novel org.
33 Subway patron
35 Actress Gilpin
36 Lhasa —
37 Burdened
38 Mold and mildew
40 Yoked team
42 Moreover
43 Town
48 Altar affirmative
49 Neighbourhood
50 A Great Lake
51 Angeles preceder
52 Eye part
53 Lairs

DOWN

1 "What's up, —?"
2 Id counterpart
3 Shady tree
4 Unoriginal movie?
5 Skater Katarina
6 Performances
7 Witness
8 Earlier bouts
9 Began
10 Reed instrument
11 Gladys Knight's backup
16 — and outs
20 Commotion
21 Secular
22 As well
23 Shock troops
24 U.S.
26 Censor of old Rome
27 Inseparable
28 Green land
29 Reason for a tarp
31 Rodgers & Hammerstein creation
34 Gasoline stat
35 Gave a bad review to
37 Romanian money
38 Go belly up
39 Destroy
40 Portent
41 Opening day?
44 Raw rock
45 Anger
46 Sardine container
47 "Absolutely"

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

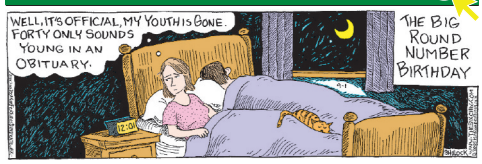
4		6		5	9			8
	5		4					1
	8		7				3	
2							9	
		4	6		2	3		
	3							6
	2				7		4	
5					1		8	
8			2	6		1		

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

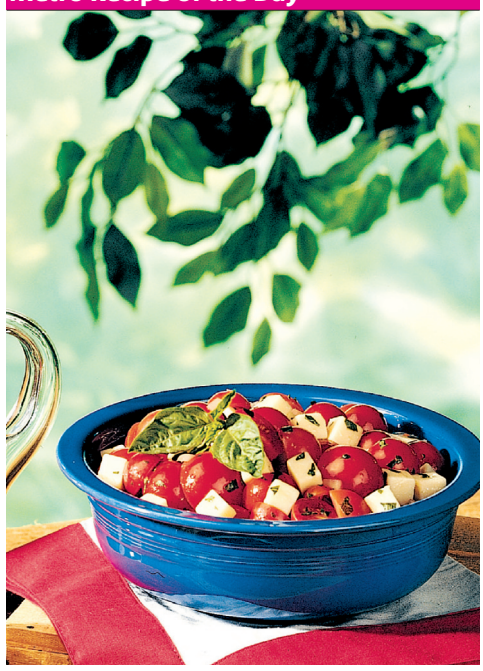
3	5	6	1	2	9	4	7	8
1	4	7	8	3	6	2	5	9
8	2	9	7	4	5	6	3	1
9	7	2	3	8	4	5	1	6
6	1	3	9	5	7	8	2	4
5	8	4	6	1	2	7	9	3
7	6	5	4	9	3	1	8	2
2	3	1	5	6	8	9	4	7
4	9	8	2	7	1	3	6	5

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Tomato Mozzarella Salad

INGREDIENTS:

1/4 cup (50 ml) red wine vinegar
1 garlic clove, minced
1/2 tsp (2 ml) salt
Pepper to taste
2/3 cup (150 ml) olive oil
1 basket cherry tomatoes, halved
1-1/2 cups (375 ml) cubed mozzarella cheese
1/4 cup (50 ml) chopped onion
3 tbsp (45 ml) minced fresh basil

METHOD:

1. In small bowl, combine vinegar, garlic, salt and pepper. Whisk in oil until well blended. Add remaining ingredients; toss to coat.
2. Cover and refrigerate 1 hour, stirring occasionally. Remove with slotted spoon to serving dish.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
No matter how much you want to believe someone is being honest with you the planets warn that may not be the case. Don't take too much on trust.

TAURUS ♉
APRIL 21-MAY 21
You may find it hard to be reasonable today, especially if someone you have to deal with is clearly dragging their feet. But don't lose your cool.

GEMINI ♊
MAY 22-JUNE 21
Someone you are working with may try to take liberties today and you won't be amused. Bide your time and don't hit back, at least not immediately.

CANCER ♋
JUNE 22-JULY 22
If you allow yourself to get worked up about something that's not important today you may miss out on something important later in the week.

LEO ♌
JULY 23-AUG 23
You will leave no one in doubt about where you stand on the issues of the day. It's okay to be forceful but don't try to impose your views on other people.

VIRGO ♍
AUG 24-SEPT 22
You should know by now that letting others in on what you are thinking is not always a good idea. Some things are best kept to yourself.

LIBRA ♎
SEPT 23-OCT 23
There's lots of pressure on you and it's likely to continue until the end of the month. But in a way that's good because it will force you to toughen up.

SCORPIO ♏
OCT 24-NOV 22
Someone you're close to needs to be reminded they can't always have things their way. Tell them plainly what may happen today, and why it's no big deal.

SAGITTARIUS ♐
NOV 23-DEC 21
Pluto in your sign is giving you big ideas, but with mind planet Mercury strong as well some of those ideas may be a bit too big to do anything with.

CAPRICORN ♑
DEC 22-JAN 20
Focus on positive things today: If you allow negative thoughts to influence you it may be hard to get rid of them. Don't let fear get a hold.

AQUARIUS ♒
JAN 21-FEB 18
If you encounter hostility from a friend or a colleague today you would be wise to back off. Is there a principle at stake? No, so don't make an issue of it.

PISCES ♓
FEB 19-MARCH 20
Other people's opinions may drive you crazy but you won't change them by pointing out how stupid they are. Listen to what they have to say.

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Today in history

SEPT. 1, 1905: Alberta and Saskatchewan join the Canadian confederation.
SEPT. 1, 1914: The last passenger pigeon, a female named Martha, dies in captivity in the Cincinnati Zoo.
SEPT. 1, 1939: Second World War — Nazi Germany attacks Poland, beginning the war in Europe.
SEPT. 1, 1980: Terry Fox's Marathon of Hope ends in Thunder Bay, Ont.
SEPT. 1, 1982: The Canadian Charter of Rights and Freedoms is adopted as part of the Constitution.
SEPT. 1, 1985: A joint American–French expedition locates the wreck of the RMS Titanic. METRO NEWS SERVICES

WORDY GURDY®

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. One who illegally takes a fall faller (1)
2. Approaches singer Britney (1)
3. Show disdain for smut mags (1)
4. Small-minded oil baron John Paul (2)
5. Latter-day Saint entrance attendant (2)
6. Yellowbelly took a bath alternative (2)
7. Pleasure-sailing bad-winner behavior (2)

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ANSWERS
1. LEAP THIEF 2. NEARS SPEARS 3. SCORN PORN 4. PETTY GETTY 5. MORMON DOORMAN 6. COWARD SHOWERED 7. BOATING GLOATING

9-1-09

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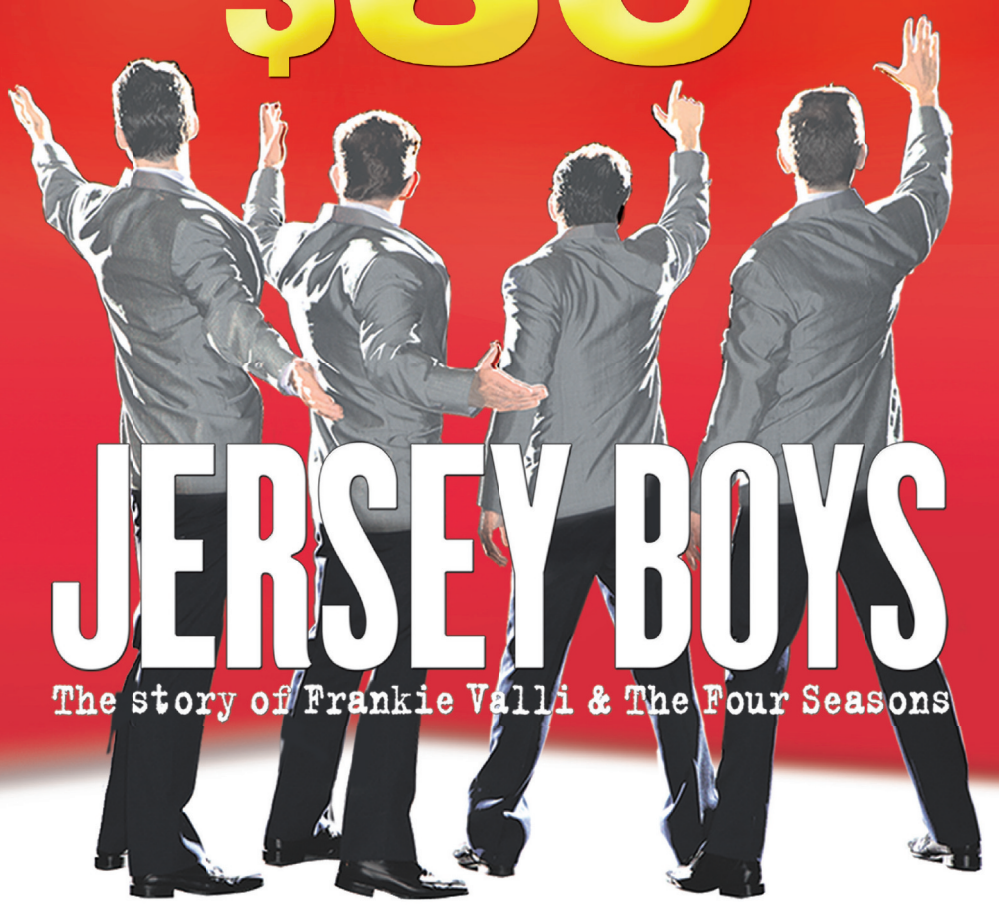

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3 nts.
$527
Taxes & fees: $403

Paris
All Seasons Paris Gare Est • 3★
Breakfast • Standard rm.
Oct. 1, 7, 10 ,16, 18, 22 & 23
3 nts.
$547
Taxes & fees: $335

DEALS of the WEEK

Punta Cana
Occidental Grand Punta Cana • 4★
All-Inclusive • Junior suite
Sept. 12 - 26 • 1 wk.
Upgrade to the Royal Club luxury room for only $229 per person
$499
Taxes & fees: $313

Samana
Gran Bahia Principe El Portillo • 4 1/2★
All-Inclusive • Standard rm.
Sept. 6 - 27 • 1 wk.
$539
Taxes & fees: $313

Varadero
Barceló Marina Palace • 4 1/2★
All-Inclusive • Junior suite
Sept. 12 - 27 • 1 wk.
$699
Taxes & fees: $222
Departure tax: 25 CUC cash paid locally

Jamaica
Sunset Beach Resort & Spa • 3 1/2★
All-Inclusive
Resort view rm.
Sept. 10 - 13 & 15 - 30 • 1 wk.
$699
Taxes & fees: $266
Please add $50 for Sat. & Sun. departures

Cancun / Riviera Maya
Gran Bahia Principe Tulum • 5★
All-Inclusive • Standard rm.
Oct. 4, 11 & 18 • 1 wk.
$769
Taxes & fees: $289

Barbados
Hilton Barbados • 4 1/2★
Oceanview rm.
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